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Wednesday



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ENTERTAINMENT

Not So Cold: Chris Martin and Coldplay debut a new album for free online. Also, food flurries on tonight's "Top Chef"



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summer '08 preview

FROM TIGER WOODS TO A BIG BBQ BATTLE—50 WAYS TO MAKE YOUR SUMMER SIZZLE | INSIDE



China Races to Reach Quake Victims

AMID THE DESTRUCTION: Rescuers on Tuesday carry a wounded person out of the debris of collapsed buildings in Beichuan County one day after a 7.9-magnitude earthquake rocked central China. At least 12,000 were killed in the quake. Chinese troops and workers struggled to reach buried victims as the death toll continued to rise. **Aftermath:** Tens of thousands are left homeless | Page 7

Mortality Rate Gap Widening

Study links poor education to premature deaths in U.S.

The differences in mortality between highly educated and poorly educated people in the United States is very wide and growing wider, according to new research.

The risk of dying prematurely is on the increase for Americans with less than a high school education — and rising most quickly for white women in that category. In contrast, the risk of premature death is falling for college graduates — and declining fastest for black men.

White high school dropouts are four times as likely to die young as white college graduates, up from a three-fold risk in the early 1990s.

A similar but less dramatic trend is true for blacks, as well.

The study, published online Tuesday, is the second this spring to reveal an ominous trend toward worsening health and early death in parts of the U.S. population, especially certain groups of women.

"Socioeconomic disparity in mortality is pervasive, and it continues to increase," said Ahmedin Jemal, an epidemiologist at the American Cancer Society who led the study. DAVID BROWN (THE WASHINGTON POST)

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TODAY: Sunny to partly cloudy and warm; partly cloudy evening | 34

eyeOpeners

VALUES

Anything to Prevent Uncontrollable Fizz

An Australian man has been fined after buckling in a case of beer with a seat belt but leaving a 5-year-old child to sit on the car's floor. Constable Wayne Burnett said he was "shocked and appalled" when he pulled over the unregistered car Friday in the central Australian town of Alice Springs. The 30-can beer case was strapped between two adults sitting in the back seat of the car. The child was also in back, but on the car's floor. "The child was sitting in the lump in the center, unrestrained," Burnett told reporters Tuesday. "This is the first time that the beer has taken priority over a child." (AP)



BATTLE

Is He Their Father?

A Welsh man who dressed up as Darth Vader — wearing a garbage bag for a cape — and assaulted the founders of a group calling itself the Jedi church was given a suspended sentence Tuesday. Arwel Wynne Hughes, 27, attacked Jedi church founders Barney Jones and Michael Jones with a metal crutch, shouting, "Darth Vader! Jedism!" in the March 25 incident. The two cousins set up the Church of Jediism last year. The attack was recorded on a video camera that the cousins had set up to film themselves in a light saber battle.

Hughes claimed he couldn't remember the incident, having drunk most of a box of wine beforehand. (AP)



LARRY MACDOUGALL/AP

WIPEOUT

Cowboy Skills, Eh?

Novice cowboy Ashton Saulteau, loses his grip and does a spectacular, if entirely unintentional, midair maneuver during the annual bucking horse demonstration near Innisfail, Alberta, Canada, on Sunday. After all, it's not a real day at the rodeo unless someone has a concussion at the end of it. One wonders why another country would choose to adopt not only such a uniquely American sport, but also one so dangerous. (EXPRESS)

THEFT

Not Crystal-Clear

A large crystal skull similar to those at the center of the upcoming Harrison Ford movie was recently stolen from

a New Age store, puzzling employees. "We have zero shoplifting in here, and I have no idea why anyone would take something as lovely as that," said Persis Newland, owner of Kindred Spirits in Claremont, Calif. The skull, named

Solar Ray by owner Don Marr, went missing about two weeks ago. "He was on an altar, and he just enjoyed being here," said employee Kristen Nestor, who supervises the store's weekly crystal-reading classes. (AP)



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PILL POPPERS: For the first time, it appears that more than half of all insured Americans are taking prescription medicines regularly for chronic problems, according to a study by Medco Health Solutions, which manages prescription benefits for about one in five Americans.

Nation

Evangelist Apologizes To Catholics

WASHINGTON | John Hagee, an influential Texas televangelist who endorsed Sen. John McCain for president, apologized to Catholics Tuesday for his stinging criticism of the Roman Catholic Church.

In a letter to William Donohue, president of the Catholic League for Civil and Religious Rights, Hagee wrote: "Out of a desire to advance a greater unity among Catholics and evangelicals in promoting the common good, I want to express my deep regret for any comments that Catholics have found hurtful."

Hagee has often made references to "the apostate church" and the "great whore," terms that Catholics say are slurs aimed at the Roman Catholic Church.

Donohue, one of Hagee's sharpest critics, said he accepted the apology and planned to meet with Hagee Thursday. JIM KUHNHENN (AP)

West Virginia's Choice

→ Results from Tuesday's Democratic primary in West Virginia were not available at Express' deadline. For complete coverage, see **Today's Post** | **A1**

IN The Washington Post

Senate: Stop Oil Reserve Shipments

Lawmakers vote 97-1 to halt stockpiling in hopes of easing prices

WASHINGTON | The Senate, in a direct challenge to President Bush, voted Tuesday to temporarily halt the shipment of thousands of barrels of oil per day into the government's emergency reserve.

Both Democrats and Republicans said such shipments make no sense when oil is costing more than

\$120 per barrel and could be better used to add supplies to a tight market and possibly lower prices.

"We are buying the most expensive crude oil in the history of the world and storing it," said Sen. Byron Dorgan, D-N.D. "When American consumers are burning at the stake by high energy prices, the government ought not be carrying the wood."

Until both chambers of Congress pass the emergency reserve directive and Bush signs it — or Con-

UNDERGROUND FUEL

→ President Bush has been steadfast in continuing shipments of oil to the Strategic Petroleum Reserve, a system of underground salt domes on the Gulf Coast, arguing that the stockpile should be filled to its maximum capacity of 727 million barrels. It currently is 97 percent full at 701 million barrels, equal to two months of oil imports.

gress enacts it over a presidential veto — the legislation has no force of law. But the Senate's message to the president was a strong one.

With Republicans joining Democrats, senators voted 97-1 to suspend the shipments — averaging about 70,000 barrels per day — until the end of the year. Only Sen. Wayne Allard, R-Colo., voted against the measure.

The House was scheduled to vote on a similar directive later Tuesday.

H. JOSEF HEBERT (AP)

MALABAR, FLA. | ARSONISTS BLAMED FOR WILDFIRES



HEAT OF BATTLE: A firefighter walks away from burning brush in the Oakmont Preserve subdivision Tuesday in Florida. Investigators searched Tuesday for one or more arsonists behind a string of stubborn wildfires that have destroyed or damaged more than 160 homes on Florida's Atlantic coast and scorched about 3,800 acres.

New Rape Test Will Protect the Victim's Identity

ELKTON, MD. | Starting next year across the country, rape victims too afraid or too ashamed to go to police can undergo an emergency-room forensic rape exam, and the evidence gathered will be kept on file in a sealed envelope in case they decide to press charges.

The new federal requirement that states pay for "Jane Doe rape kits" is aimed at removing one of the biggest obstacles to prosecuting rape cases: Some women are so traumatized, they don't come forward until it is too late.

A Jane Doe rape kit is sealed with only a number on the outside of the envelope, and police do not open the package unless the victim decides to press charges. (AP)

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Nation

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The number of people, in millions, expected to travel on a U.S. airline between June 1 and Aug. 31, a 1.3 percent drop from last summer, the Air Transport Association reports.

Innovative Pop Artist Dies

Rauschenberg's work blurred lines between different art media

TAMPA, FLA. | Robert Rauschenberg, whose use of odd and everyday articles earned him a reputation as a pioneer in pop art but whose talents spanned the worlds of painting, sculpture and dance, has died, his gallery representative said Tuesday. He was 82.

Rauschenberg didn't mine popular culture wholesale as Andy Warhol did with Campbell's soup cans and Roy Lichtenstein did with comic books.

Instead, his "combines" — incongruous combinations of three-dimensional objects and paint — shared pop's blurring of art and objects from modern life.

He also responded to his pop colleagues and began incorporating up-to-the-minute photographed images in his works in the 1960s, including, memorably, pictures of



Robert Rauschenberg, seen in 2006, died Monday at 82. Rauschenberg is hailed as a pioneer in American art for his fearless use of everyday items in his work.

John F. Kennedy.

Among Rauschenberg's most famous works was "Bed," created after he woke up in the mood to paint but had no money for a canvas. His solution was to take the quilt off his bed and use paint, toothpaste and fingernail polish.

Not to be limited by paint,

Rauschenberg was a sculptor and choreographer and even won a 1984 Grammy Award for best album package for the Talking Heads album "Speaking in Tongues."

"I'm curious," he said in a rare interview in 1997. "It's very rewarding. I'm still discovering things every day." MITCH STACY (AP)

Healthy Adult Volunteers Needed

The National Institute of Mental Health is conducting a psychopharmacology study of mild stress and memory. Participants will be interviewed and will complete a series of tasks during which physiological functioning will be recorded. Volunteers must be between the ages of 18-50.

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London "Break-ation"

Two Londoners Lois and Lillian share their favourite 'long weekend' tips and ideas with you.

Lois
I live in North London with my husband and kids. My best friend Jane, who lives in New York, is visiting with her family for a long weekend soon and I'm already busy planning lots of fun things for us all to do.

First we'll head over to ZSL London Zoo where the Gorilla Kingdom will be great for our little monkeys! I'm looking forward to seeing the newly restored Victorian birdhouse and I'm sure the kids will enjoy seeing where Harry Potter came face to face with a snake in the Reptile House.



London Zoo

My children have been hinting that we should all go to the world-famous toy store, Hamleys. The atmosphere there is always fun, with lots of toy demonstrations and magic displays. I think my husband and I enjoy it almost as much as the kids! My husband has suggested visiting HMS Belfast, an ex-battleship, which has been turned into a museum. Kids enter free and it's a great place for them to explore all the cabins and decks and find out what life is like on the ocean waves.

In the evening we'll eat in the Rainforest Café. It's such an unusual place, full of the sights and sounds of the jungle, I'm sure we'll all have a giggle. They have a great dessert menu with a chocolate volcano pudding, which I have my eye on!

Getting around will be easy, using public transport. Children under the age of 11 travel free, so that will help our budgets! I know we're going to have lots of fun and the time will just fly by. We're planning on squeezing in as much as possible.

Getting around
will be easy, we'll
take public transport,
it's so easy to use
and children under
11 travel free

Lillian
I moved to London in my twenties and lived there for about 15 years. Whenever I return to London for a visit, I always make sure that I make the most out of my stay.

Once in London, it doesn't take me long to start feeling like a local again. It's such a welcoming city that makes you feel at home right away. Like a real Londoner, I always travel by public transport. I have an Oyster Card, which I reuse each time I visit. It's cheaper than buying a paper ticket and I can use it on the buses and the Docklands Light Railway as well.

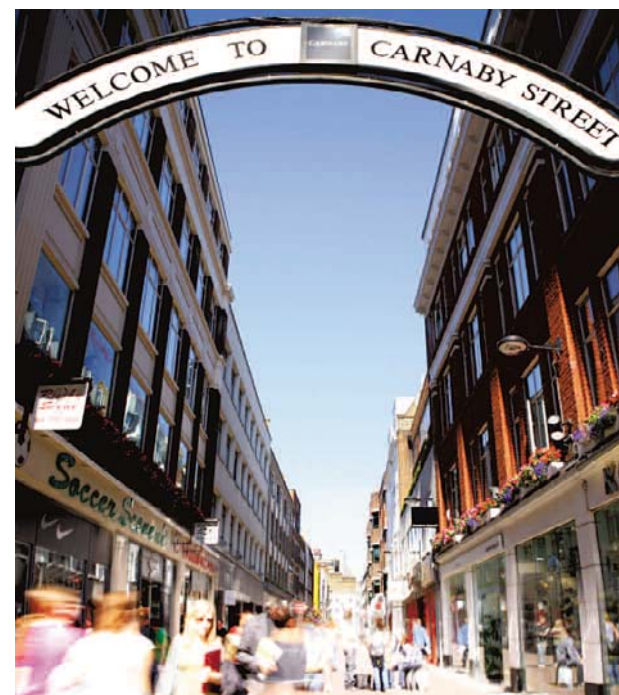
I'm really interested in art and I love to indulge in my hobbies



Hamleys

when I travel. In addition to catching up with friends and family, this visit I'm planning on attending a life drawing class. There is one class you can drop into in Highgate, which sounds perfect.

No trip to London is complete without some shopping time. I like to explore the West End stores, especially some of the quirky boutiques on Carnaby Street. For me the Waterstone's bookstore on Piccadilly is a must, as it's the largest bookshop in Europe!



I'll be able to make my dollars go further on this trip when I change my money at Thomas Cook, the foreign exchange experts with branches across London. With a voucher, I can download from visitlondon.com it will be commission free and I'll get discount vouchers for lots of attractions worth £100. I'm

definitely going to use one to see the hit show Stomp. Nothing beats the atmosphere and buzz of seeing a West End show.

To finish off my trip in true local style, I'll head to one of the capital's famous pubs, enjoy a traditional plate of fish and chips and start planning my next trip to London!

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Special Advertising Section
network at functions such as ClearedJobs. Net monthly job fairs (the next fairs are scheduled for May 13 at the Tysons Corner Marriott, and May 14 at the BWI Marriott).

"Because we value the jobseeker's time, we survey each jobseeker to get his or her opinion of the job fair and of the companies involved," says Smith. We take this information to improve the event each time for the job seekers and share with the companies involved how they were received by the jobseekers in attendance. In addition to attending job fairs, jobseekers who hold a security clearance can take advantage of ClearedJobs.Net's suite of services offered at no charge, including job researching, resume writing, and resume posting, as well as other services such as newsletters and career coaching.

In a tight economy, it helps to offer employers more "bang for their buck," says Smith. You may have the technical skills needed to work, say, in the IT field, but what about your "soft skills," such as interpersonal skills, the ability to write and speak clearly, and customer-relationship building skills.

"Future IT leaders know they need these skills to ascend the ranks," says Smith, pointing out that the ability to manage up, build relationships, and understand business strategy were deemed critical for professional advancement in a survey of the winners of the 2008 "Ones to Watch" award, presented annually by CIO magazine and the CIO Executive Council, to recognize IT's rising stars and the CIOs who have nurtured them.

"If you have these soft skills or develop them, you will be able to maintain your success," agrees Patricia A. Frame, founder of Strategies for Human Resources in Alexandria. Frame is a regular presenter at ClearedJobs.Net job fairs; at the upcoming job fairs, she will offer a series of valuable seminars including "It's Just Talking: Job Fairs and Other Conversation Opportunities." Frame will also speak on "How to Work a Job Fair," "Interviewing to Succeed," and "Resume Tips and Tricks."

To find out if you have what employers are looking for in today's marketplace, says Frame, do your own personal soft skills/competencies audit:

- Which skills do you need in your current job?
- What do you know about the need?
- How would you evaluate yourself on each skill you need?
- How would your boss evaluate you on each?

Then assess the skills needed for other positions that interest you, says Frame. Look at position descriptions or job ads to consider both promotions within your current organization which interest you and external opportunities.

Once you have assessed your current competencies versus needed ones, develop a plan, Frame advises:

- Pick one competency you want to work on.
- Identify your goal and what steps are needed to achieve it. Keep the steps small but be specific.
- Put in a timeframe
- Identify how you will know you have achieved your goal. That is your measure of success.

Next, ask others for help. "Soft skills by their nature involve working with others, so you need others to help you develop yours," Frame suggests. Share your plan with your boss, a mentor, or a talented co-worker and ask for their assistance. Find a person who does well what you want to learn: model yourself after that individual and ask for his or her advice or assistance. You need feedback as you make changes and you need opportunities to practice your new ideas.

Resources you can tap, Frame recommends, include:

- educational, developmental, or training opportunities at your work or classes at local schools and colleges

- meetings or seminars on the topic held by professional groups
- volunteer activities
- developing and practicing these skills with a mentor or boss
- online courses followed by practice with a friend or co-worker
- books on the topic, followed by practice at work or in a volunteer group
- setting up your own group of co-workers or friends to learn and practice with.

Then it's time to practice, practice, practice. At first, you are likely to feel awkward or self-conscious as you apply your new knowledge at work or at home, Frame acknowledges. But you will notice that far more than others will. So tamp down your nervousness and plan to practice. Ask your co-workers, a mentor, or friend for feedback and specific information on what you did well and what still needs work. "Often keeping a record of what you have tried and what results you got will help you to keep going and to improve," Frame advises.

When you feel comfortable with your new skill, reward yourself, Frame suggests. Pick a reward. Then keep on using the new skill as needed.

Finally, tackle another area. "No, it never ends," says Frame. "Not if you want to succeed at work or in life."

For more information on ClearedJobs. Net, including details on upcoming job fairs, **visit the company's website at www.ClearedJobs.Net, or call 703-871-0037.**

This special advertising section was written by Carol Sorgen, a freelance writer and editor, in conjunction with the advertising department of The Washington Post and did not involve the news or editorial departments of this newspaper.

Jobseekers with Security Clearance Always in Demand

By Carol Sorgen

Despite the economic downturn and the muttered rumblings of the word "recession," jobseekers holding a security clearance still enjoy bright prospects, especially if they offer employers a skill set that combines soft skills with industry knowledge.

"The economy does have some impact on a job search, but there is always uncertainty in the marketplace," says Kathleen Smith, CMO of ClearedJobs.Net, a Northern Virginia-based firm that links security cleared jobseekers and employers with security cleared positions, both in the Washington metropolitan area and nationwide as well.

That said, there are always positions available, adds Smith, especially for security cleared professionals. That's because the number of people who hold a security clearance is still far lower than the number of cleared jobs available.

Of course, even if the odds are in your favor, a jobseeker needs to research the job market and types of positions available, have an effective resume, and

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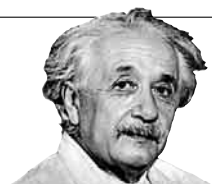
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THEORY OF RELIGION: A letter being auctioned in London this week adds more fuel to the long-simmering debate about Albert Einstein's religious views. In the 1954 note, Einstein dismissed the idea of God as the product of human weakness and the Bible as "pretty childish."

World

In Brief

KHARTOUM, SUDAN

Government: More Than 200 Killed in Rebel Assault

More than 200 people were killed in fighting around Sudan's capital, the defense minister announced Tuesday, in the first official comment on casualties from last weekend's rebel assault on Khartoum. Defense Minister General Abdul Rahim Mohammed Hussein told parliament that the rebels of Darfur's Justice and Equality Movement had suffered a crushing defeat, with most of the 180 vehicles involved destroyed. (AP)

BEIRUT, LEBANON

Saudi Arabia Warns Iran About Lebanon, Hezbollah

Saudi Arabia sent Iran a sharp warning about Lebanon Tuesday, saying Iranian support for Hezbollah's "coup" will damage Tehran's relations with other Muslim and Arab countries. More soldiers fanned out through Beirut with orders to use force to restore security to a nation shaken by nearly a week of sectarian clashes. Lebanese solemnly buried more of their dead and tried to resume life in a capital dissected by roadblocks. (AP)

BOGOTA, COLOMBIA

Colombia Extradites to U.S. 14 Paramilitary Warlords

Colombia extradited 14 paramilitary warlords to the U.S. on Tuesday on drug-related charges in a surprise move that brought praise from the U.S. but raised fears of justice thwarted for thousands of victims. The extradited include Salvatore Mancuso and most other leaders of Colombia's illegal right-wing militias — figures blamed for some of modern Colombia's worst atrocities. (AP)

HEARSAY | MIDEAST

"[S]ome important understandings have been reached in important areas, though not in all areas."

—EHUD OLmert, ISRAELI PRIME MINISTER, ON PEACE NEGOTIATIONS WITH PALESTINIANS, TUESDAY. HE DID NOT SPECIFY WHAT THE "UNDERSTANDINGS" WERE ABOUT.



Rescuers carry an injured woman to a hospital in Hwang, China, a day after a 7.9-magnitude earthquake struck in Sichuan.

Chinese Quake Toll Soars

More than 12,000 dead as rescue workers search for survivors

MIANYANG, CHINA | Soldiers hiking over landslide-blocked roads reached the epicenter of China's devastating earthquake Tuesday, pulling bodies and a few survivors from collapsed buildings. The death toll of more than 12,000 is certain to rise as the buried are found.

Rescuers worked through a steady rain as they searched wrecked towns across hilly stretches of Sichuan province that were stricken by Monday's magnitude-7.9 quake, Chi-



A trapped earthquake survivor waits for rescuers in China on Tuesday.

na's deadliest in three decades.

Tens of thousands of homeless spent a second night outdoors, some sleeping under plastic sheeting, others bused to a stadium in Mianyang, an industrial city of 700,000 people

on the edge of the disaster area.

As night fell, a first wave of 200 troops entered the town of Wenchuan, near the epicenter, trudging across ruptured roads and mudslides, state television said. Initial reports from soldiers said one nearby town could account for only 2,300 survivors out of 9,000 people, China Central Television said.

At least 12,012 deaths occurred in Sichuan, state media reported.

Bowing to public calls, Beijing Olympics organizers scaled down the boisterous ongoing torch relay, saying Wednesday's leg in the southeastern city of Ruijin will begin with a minute of silence. AUDRA ANG (AP)

Bomb Blasts Kill 60 People in India

Militants suspected in 7 explosions in popular tourist areas

NEW DELHI | A series of bombs exploded across the ancient city of Jaipur on Tuesday, killing at least 60 people and transforming busy markets, a jewelry bazaar and a Hindu temple into scenes of carnage.

All seven blasts were within the old walls of the western city known for its pink-hued palaces, and suspicion quickly fell on Islamic mili-

tant groups blamed for a string of attacks in India in recent years. Police said an eighth bomb was found and defused by police.

"Obviously, it's a terrorist plot," said A.S. Gill, the police chief of Rajasthan, the state where Jaipur is located. "The way it has been done, the attempt was to cause the maximum damage to human life," he said.

The explosions began around 7:30 p.m. One blast went off at a market near a crowded temple dedicated to the Hindu monkey



People stand near the site of a bomb explosion in Jaipur, India, on Tuesday.

Iraqi Pact Has Little Effect

Clashes kill 11 people in Sadr City despite new cease-fire deal

BAGHDAD | A shaky cease-fire appeared to take hold Tuesday in Baghdad's Sadr City, after a cleric who brokered the deal for Shiite fighters said they would honor it, even after clashes left at least 11 dead and 19 wounded.

The pact was intended to stop seven weeks of fighting between U.S.-supported Iraqi troops and Shiite extremists who have fired more than 1,000 mortars and rockets into the Green Zone. But the cease-fire did not start well, with clashes Monday and Tuesday.

Iraqi medics reported 11 killed and 19 wounded. The U.S. military said Tuesday it could confirm the deaths of six militants.

The Sadr City fighting and cease-fire have brought into question the authority of anti-American cleric Muqtada al-Sadr. Al-Sadr signed a cease-fire agreement in August, but Shiite militiamen have recently ignored those orders.

Nevertheless, a pro-Sadr cleric said Tuesday the cease-fire would be enforced. "We signed an agreement and we are loyal to the agreement we reached," said Sheik Salah al-Obeidi, an aide to al-Sadr. (AP)

god Hanuman.

A senior Rajasthan police officer, A.K. Jain, said 60 people were killed and 150 wounded.

No one claimed responsibility for the attack, as is the case with most bombings in India. But within hours of the blasts, authorities were suggesting that blame would eventually fall on Pakistan and the Islamic militant groups New Delhi accuses it of backing.

"One can't rule out the involvement of a foreign power," said India's junior home minister, Sriprakash Jaiswal, using language commonly understood to refer to Pakistan.

MATTHEW ROSENBERG (AP)

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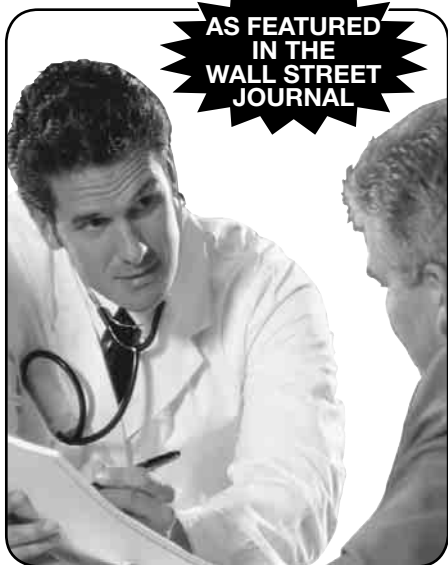
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World



E.T.'S OK: The Vatican's chief astronomer said in an interview published Tuesday that believing in aliens "doesn't contradict our faith" because aliens would still be God's creatures.

Aid Piles Up in Myanmar

Police bar foreign relief workers from reaching some cyclone survivors

YANGON, MYANMAR | Police barred foreign aid workers from reaching cyclone survivors in hard-hit areas Tuesday, while emergency food shipments backed up at the main airport for Myanmar's biggest city.

Some storm survivors were reportedly being given spoiled or poor-quality food rather than nutrition-rich biscuits sent by international donors, adding to fears that the ruling military junta in the Southeast Asian country could be misappropriating assistance.

U.N. officials warned that the threat was growing for the 2 million people facing disease and hunger in areas battered by the storm unless



Children beg for food on the outskirts of Yangon, Myanmar, on Tuesday.

aid increased dramatically.

Ten days after the cyclone, reaching the worst-affected areas was getting more and more difficult.

Checkpoints manned by armed police were set up Tuesday on roads

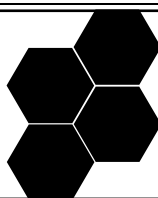
leading to the Irrawaddy River delta and all international aid workers were turned back by officers.

Supplies piled up at Yangon's main airport. A report from a Tuesday meeting of the U.N. center overseeing logistics said the airport was a bottleneck in aid efforts.

Even the quicker pace of aid is not enough, U.N. officials warned.

"We fear a second catastrophe [in Myanmar] unless we're able to put in place quickly a maximum of aid and a major logistical effort comparable with the response to the [2004] tsunami," said Elisabeth Byrs of the U.N. Office for Humanitarian Affairs. (AP)

33%
The percentage of those killed by the cyclone who were children, according to U.N. estimates.



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Real estate meltdown triggers investor bonanza. See why 2008 is the best time in 50 years to buy houses, apartment and office buildings, and more.



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Plus, I'll show you why my financing techniques are perfect for today's tight credit market — and you can learn about them at my FREE workshop.

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The real estate market has cycles. It goes

up for a while. Then drops for a while. Most investors think a downturn is bad news. So they wait it out, letting the truly terrific deals go to the investors who know how to take full advantage.

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Money

13.2

The amount, in billions of dollars, Hewlett-Packard Co. will pay to acquire technology services provider Electronic Data Systems Corp. The deal is a huge gamble for Hewlett-Packard, which is mounting a challenge to IBM.

Foreclosure Filings For April Increase 65%

More than 200,000 homeowners are now behind on payments

LOS ANGELES | More U.S. homeowners fell behind on mortgage payments last month, driving the number of homes facing foreclosure up 65 percent versus the same month last year and contributing to a deepening slide in home values, a research company said Monday.

Nationwide, 243,353 homes received at least one foreclosure-related filing in April, up 65 percent from 147,708 in the same month last year and up 4 percent since March, RealtyTrac Inc. said.

Nevada, Arizona, California and Florida were among the hardest-

hit states, with metropolitan areas in California and Florida accounting for nine of the top 10 areas with the highest rate of foreclosure, the company said.

42

The number of U.S. states that saw an increase in foreclosure filings for April when compared to last year.

One in every 519 households received a foreclosure filing in April. Foreclosure filings increased from a year earlier in all but eight states.

The combination of weak housing sales, falling home values, tighter mortgage lending criteria and a slowing economy has left financially strapped homeowners with fewer options to avoid foreclosure.

ALEX VEIGA (AP)

Market Action

New York Stock Exchange

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
Fluor	191.03	+24.67	+14.8
BallyTech	41.55	+4.75	+12.9
ConstellB	21.10	+2.34	+12.5
MediaGen	16.73	+1.81	+12.1
ConstellA	21.02	+2.20	+11.7

Losers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
US Shpg	8.20	-3.53	-30.1
CrystalRiv	6.55	-2.36	-26.5
Indymac	2.32	-.74	-24.2
WstnRefin	8.25	-1.67	-16.8
Bowne	14.87	-1.94	-11.5

Rates

	CURRENT	PREVIOUS WEEK
Prime Rate	5.00	5.00
Fed Funds close	1.50	1.75
3-month disc	1.79	1.59
2-year	2.46	2.35
10-year	3.90	3.89
30-year	4.62	4.64

NASDAQ Stock Market

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
Iomai	6.34	+3.42	+117.1
BevrIHilBc	2.85	+1.15	+67.6
BasinWtr	5.48	+1.19	+27.7
FuelSysSol	24.06	+4.89	+25.5
SilverStB n	4.20	+.81	+23.9

Losers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
NxStageMd	4.92	-1.82	-27.0
UraniumR	4.82	-1.04	-17.7
ValVis A	4.23	-.90	-17.5
ConsolWtr	17.88	-3.60	-16.8
SptChalB	4.50	-.75	-14.3

Currency (Dollars in foreign currency)

	TODAY	PREVIOUS DAY	YEAR AGO
British Pound	.5139	.5111	.5044
Canadian Dollar	1.0033	1.0050	1.1123
European Euro	.6460	.6435	.7392
Japanese Yen	105.26	104.17	120.13
Mexican Peso	10.4756	10.4822	10.8093
Taiwanese Dollar	30.86	30.86	33.40

DOW	NASDAQ	S&P 500
-44.13	+6.63	-0.54
-0.34	+0.27	-0.04
12832.18	2495.12	1403.04


Media Stocks

STOCK	LAST	DAILY CHANGE	YEAR TO DATE PERCENT CHANGE
CBS B	24.68	-.09	-9.4
ClearChCm	34.30	+1.43	-.6
Comcast	22.09	+.05	+21.0
Comc spcl	21.64	+.09	+19.4
DirecTV	27.55	+.07	+19.2
DishNetwk	31.56	+1.11	-7.0
Disney	34.33	-.44	+6.4
McGrwH	43.73	+2.24	-.2
NewsCpA	19.12	+.46	-6.7
NewsCpB	19.81	+.24	-6.8
Omnim s	49.12	-.04	+3.3
ThomsonR	36.20	-.62	-11.2
TW Cable	30.05	+.45	+8.9
TimeWarn	16.11	+.07	-2.4
ViacomB	39.50	+.60	-10.1

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96

The amount of individual satisfaction, in dollars, that people derived in recreational value from visiting a Maryland state forest from September 2005 to August 2006, say UMD's Harry R. Hughes Center for Agro-Ecology researchers. They asked people how much they spent on trips to the woods.

Local

Fenty's \$5.7B Budget Is Approved

Plan includes doubling cigarette tax, closing Kingle Road for good

The D.C. Council approved Mayor Adrian M. Fenty's \$5.7 billion spending plan for fiscal 2009 Tuesday after inserting several amendments, including doubling the cigarette tax to \$2 and permanently closing Kingle Road in Rock Creek Park.

There was little discussion about the long list of changes designed

to stay within the mayor's conservative budget but also to meet the council's goals. The council spent just two hours in Tuesday's meeting, mostly explaining some of the budget highlights.

Council Chairman Vincent C. Gray, a Democrat, navigated competing interests — often behind the scenes — to fill a \$35 million budget shortfall, provide \$18 million for after-school and arts programs, secure another \$18 million for school modernization and find \$21 million to give small businesses for tax relief.

KLINGLE ROAD'S FATE

→ The council rejected Council member Jim Graham's efforts to restore \$2M in funding in the budget that would have reopened Kingle Road, the controversial path through Rock Creek Park whose fate has been up for debate for 17 years.

→ The vote was 10-3. Graham was joined by members Muriel Bowser, D-Ward 4, and Carol Schwartz, R-At Large.

But Fenty's administration was not entirely happy, particularly with the public safety budget. The council stripped \$6 million from unused salaries of vacant positions to pay for the small business tax breaks.

The council also cut more than \$800,000 from a controversial video surveillance program that links thousands of city-owned video cameras together — a move that civil libertarians have said is a further invasion of privacy.

NIKITA STEWART (THE WASHINGTON POST)

Parent Brings Loaded Guns to Loudoun School

The parent of a student at Round Hill Elementary School in western Loudoun County was detained Tuesday morning after she entered the school building with three loaded guns in her handbag, authorities said.

The woman did not take the weapons out of her bag and did not threaten anyone, Loudoun schools spokesman Wayne B. Byard said.

She was acting erratically, however, and school officials called the Loudoun County Sheriff's Office for assistance.

The woman had come to the school for a scheduled conference with an administrator.

While questioning the 45-year-old woman, deputies learned she had weapons in her bag, sheriff's spokesman Craig Troxell said.

The woman, who has not been identified, was quietly led out of the school, and students were not aware of the incident, Byard said.

BILL BRUBAKER (THE WASHINGTON POST)

GREAT FALLS, VA. | POTOMAC WATER RUNS HIGH



JAMES M. THRESHER/TWP

RAGING RIVER: Visitors came out to see the high water at the observation points on the Potomac River Tuesday. Heavy rain Sunday and Monday raised the water level and provided a rare glimpse of the river cresting.

D.C. Students Plan Closure Protest

WASHINGTON | Some students at D.C.'s public schools are planning a walkout next week to protest the planned closure of 23 schools.

Fliers being circulated city-wide call for a walkout on May 23, with students urged to descend on Schools Chancellor Michelle Rhee's office.

This marks the second walkout organized in response to the planned school closures. Howard University students are helping to organize the protest.

Fliers advertising the walkout say the better approach to reform is to fix neighborhood schools rather than close them. (AP)

Brain Imaging in Depression

The National Institute of Mental Health (NIMH) is conducting studies using Positron Emission Tomography (PET) & Magnetic Resonance Imaging (MRI) to better understand how the brain regulates emotion and how depression affects motivation. Studies are conducted at the NIH Clinical Center in Bethesda, MD.

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National Institute of Mental Health

05-M-0169
03-M-0149

The Lotteries

Tuesday, May 13

DISTRICT

Mid-day Lucky Numbers **4-7-7**
Evening Lucky Numbers (Mon.) **5-8-6**
Mid-day DC 4 **0-2-1-9**
Evening DC 4 (Mon.) **7-0-0-7**
Rolling Cash Five (Mon.) **11-15-22-28-31**
Daily 6 (Mon.) **9-16-18-21-32-38 Bonus: 3**

MARYLAND

Mid-day Pick 3 **2-1-1**
Evening Pick 3 (Mon.) **4-7-3**

Mid-day Pick 4 **6-5-9-6**
Evening Pick 4 (Mon.) **6-2-8-1**
Match 5 (Mon.) **14-19-21-28-36 Bonus: 22**

VIRGINIA

Mid-day Pick 3 **3-0-2**
Evening Pick 3 (Mon.) **6-7-3**
Mid-day Pick 4 **4-0-3-9**
Evening Pick 4 (Mon.) **4-1-8-6**
Mid-day Cash 5 **2-7-11-19-20**
Evening Cash 5 (Mon.) **7-10-17-22-34**

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

Sports



ONE DOWN: Al Horford was the only unanimous choice for the NBA All-Rookie team. He received 58 votes from coaches while NBA Rookie of the Year Kevin Durant received 57. Luis Scola, Al Thornton and Jeff Green also made the team.



Knicks President Donnie Walsh, right, introduced Mike D'Antoni on Tuesday.

Knicks Introduce D'Antoni

Former Suns coach says he can adjust his 'O' to fit his new team

NBA | The New York Knicks introduced Mike D'Antoni as their new coach Tuesday, hoping his high-scoring brand of basketball will turn around a team with seven straight losing seasons.

D'Antoni agreed to leave the Suns for the Knicks on Saturday, taking over a team coming off a 23-59 finish. He replaces Isiah Thomas, who was fired last month after going 56-108 in two seasons.

D'Antoni won at least 54 games each of the last four seasons and earned coach of the year honors in 2005. He is known as one of the NBA's top offensive minds, running a system that helped Steve Nash win two MVP awards and making the Suns one of the league's most exciting teams.

He brings his entertaining system to a team that seems ill-suited to run it. The Knicks aren't a quick team, with Eddy Curry and Zach Randolph up front and an unclear situation at point guard, but D'Antoni vows he will come up with a scheme that works with this group.

"I look at the roster and that's the roster I'm going to win with," D'Antoni said at a news conference at Madison Square Garden.

"My focus is to win this coming year," he said. "I know we need to win so that's my whole focus."

BRIAN MAHONEY (AP)

Road Begins to Wear Down Celtics

Players are frustrated but know they are still in good shape vs. Cavs

NBA PLAYOFFS | The usual beds. The usual lockers. The usual baskets.

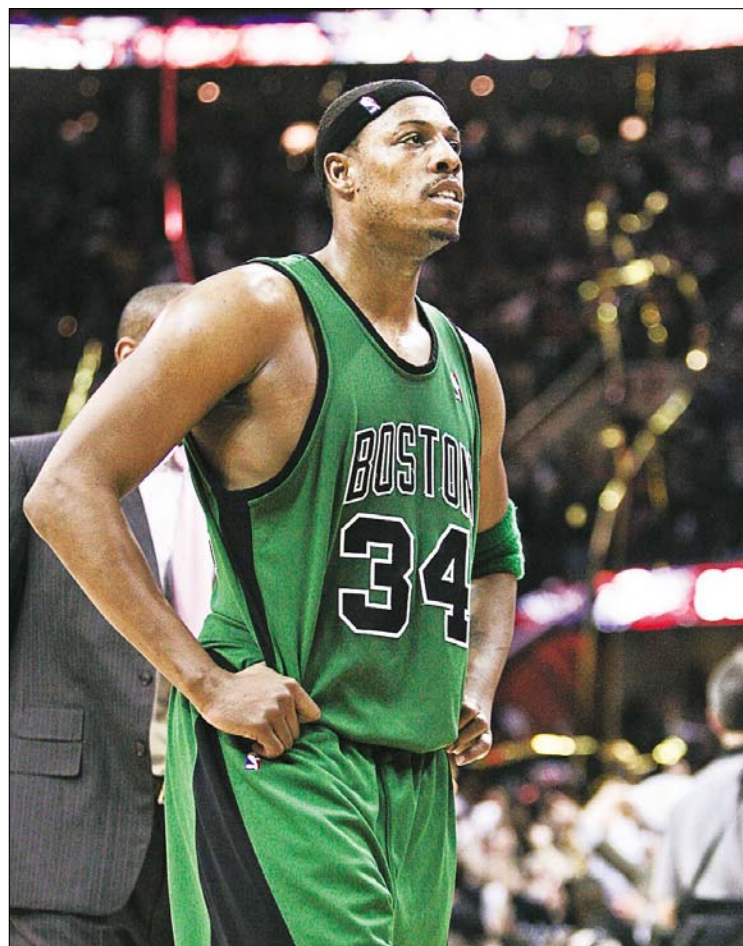
The usual questions.

The Celtics are back in Boston for Game 5 of their Eastern Conference semifinal against the Cleveland Cavaliers, back where they're unbeaten so far in the playoffs after a regular season in which they posted an NBA-best 35-6 home record.

But it's their 0-5 road record that has them worrying.

"There is some frustration," center P.J. Brown said Tuesday after the team's walkthrough and film session. "But up to this point, it hasn't gotten under our skin."

Despite going 31-10 away from Boston in the regular season — also an NBA best — the Celtics have yet to win on the road in the playoffs. The slump allowed the lowly Atlanta Hawks to force them to a seventh game in the first round, and it could be their doom against the more formidable Cavaliers and star LeBron James.



Paul Pierce walks off the court after Boston's 88-77 loss at Cleveland on Monday.

"The key is winning the series. Whether it's at home or on the road, you just try to win it," Raul Pierce said. "It's a three-game series, with two of them at home."

When asked whether there was a danger that his players were using their home-court advantage as a crutch, Celtics coach Doc Rivers said, "The danger is that you're playing on the road right now against really good teams."

"We earned that right to have home-court advantage," he said. "I don't think it has anything to do with why we haven't won a road game. We haven't played well on the road, and we have to do better."

Thanks to their 66-16 regular-season record, the Celtics could theoretically win their 17th NBA title without ever winning a road game. No team has ever done that, though, and the Celtics don't really want to be the first.

"I'm not even thinking about a Game 7. That's definitely the idea: Get a win [Wednesday] night and try to close it out in Game 6," Pierce said. "We definitely have to play well, because we haven't been playing well on the road. JIMMY GOLEN (AP)

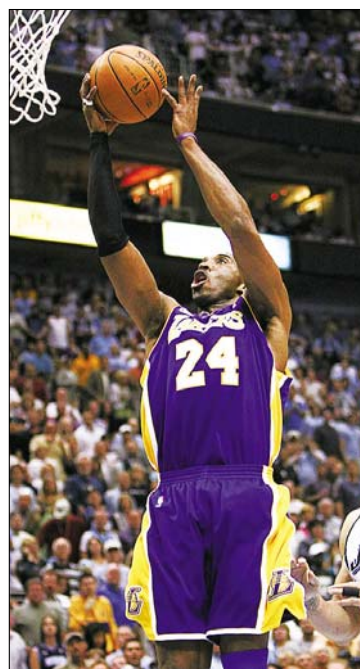
Jazz Know They Need to Get I in L.A.

With Bryant ailing, Wednesday's Game 5 could be their best shot

NBA PLAYOFFS | The Utah Jazz are almost right where they want to be.

The only thing that could top tying the Western Conference semifinals against the Lakers would be if Game 5 was in Utah instead of Los Angeles. The home team has won all four games of the series and the Jazz would need to end that trend in order to advance.

"I think the pressure is on us a little bit. We've got to go out there and prove we can win there," point guard Deron Williams said at practice Monday. "I think we have the confidence now to do that. We just have to come out and have a good start to the ballgame and hope-



With a bad back, Kobe Bryant shot just 13 of 33 on Sunday — just 1 of 7 in OT.

fully that carries over for the rest of the game."

Whoever wins Game 5 on Wednesday will be one victory away from clinching the prize when the series returns to Utah on Friday.

The Jazz seem to be in good position — they have a bit of momentum after winning two straight, and, even more importantly, league MVP Kobe Bryant is struggling with a tweaked back.

The Lakers' star met the media Monday with a new companion — an electronic stimulation device hooked up to his sore lower back.

Plans call for the two to spend a lot of time together for the next couple of days, or longer.

The Los Angeles Lakers' star tweaked his back in the opening minutes of Sunday's overtime loss.

"It's pretty sore right now," Bry-

ant said. "It's tight. It's to be expected the next day, I guess. I don't know how I made it through the game, to be honest with you."

Bryant said he was receiving treatment around the clock.

"Secret stuff," he replied with a smile when asked to be specific about the treatment.

Regarding the electronic stimulating device, Bryant said he had slept with it on Sunday night.

"It cuts down the pain," he said. "How? I don't know."

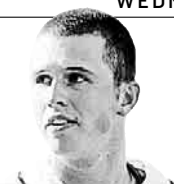
Still, with or without Bryant on the court, the Jazz will need to find a way to beat the Lakers in the Staples Center for the first time since January 2006 if they are going to win the series.

"Why not? We've done it in the past. We can do it," Kirilenko said.

DOUG ALDEN (AP)

Blame game: Michael Wilbon discusses who is to blame in the O.J. Mayo controversy | **Today's Post, Sports**

ALL OVER THE PLACE: Florida State catcher Buster Posey played all nine defensive positions — and hit a grand slam — in a 10-0 seven-inning win over Savannah State on Monday. He was the fourth Seminoles player under coach Mike Martin to play all nine positions.



Sports

Stars Are Left Grasping at Straws

Dallas hasn't led at all this series; now they'll need to win 4 straight

NHL PLAYOFFS | Being down 3-0 in the conference finals isn't even the worst part for the Dallas Stars.

This is: Dallas has yet to lead the Detroit Red Wings for a single second in any game this series.

How can the Stars fathom winning four straight games under those circumstances?

They can't. Instead, players came away from practice Tuesday talking about playing for pride in Game 4 on Wednesday night, hoping merely to send the series back to Detroit for Game 5. If they can pull off that one, too, maybe then they can start thinking about pulling off what would be among the greatest comebacks in NHL history.

"We're all honest," Brad Richards said. "We know it's a tough hole to climb out of, but we're doing some good things. A break or two, a little



Dallas players watch the final minutes of Monday's 5-2 loss to Detroit in Game 3.

more concentration and we have a win. We have to look at it like that."

Teammate Mike Modano talked about trying "to make this thing interesting ... get some confidence going, get a little doubt in their

mind, maybe, make it difficult."

They certainly need something because Detroit has nothing to doubt right now.

The league's top team in the regular season has been even better in

the playoffs. The Red Wings are 11-2 with nine straight wins, a franchise record for a single postseason. Their next victory will send them to the Stanley Cup finals for the fourth time in 11 seasons, and they're sure to be heavy favorites to win it all.

But first there's that pesky matter of the close-out game.

It's supposed to be the toughest in any playoff series, but Detroit has made it look easy. The Red Wings have ended both series thus far on their first try.

So, no, the Stars aren't likely to catch them looking ahead.

"They're going to have a huge push, we understand that totally," Detroit coach Mike Babcock said. "In saying that, we have to push them as hard as we've pushed them all series, and harder. And we're optimistic. We're capable of doing that." **JAIME ARON (AP)**



An expert's take: Caps writer Tarik El-Bashir breaks down the conference finals | washingtonpost.com.

Bills Release Everett to Allow Him Disability

NFL | The Bills released Kevin Everett on Tuesday, clearing the way for the former tight end to receive disability benefits for the spinal cord injury that ended his career.

Everett was paralyzed from the neck down after a collision with then-Denver receiver Domenik Hixon on a kick-off return in last season's opener.



Everett

Everett will be able to apply for long-term disability benefits and a one-time payment under the player health plan. He would not have been eligible for the programs if he stayed on the Bills roster.

"We had numerous discussions with the league in dealing with this process to assist him in the best way possible," the team said in a statement Tuesday. "Kevin will always remain a Buffalo Bill." **(AP)**

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Sports



Patriots video assistant Matt Walsh, left, arrives at NFL headquarters for a meeting with commissioner Roger Goodell on Tuesday. He later met with Sen. Arlen Specter.

Walsh Tapes Add Little to 'Spygate'

**Commissioner says he
doesn't expect any new
punishment for Pats**

NFL | Former Patriots video assistant Matt Walsh disclosed no new rules violations in the Spygate scandal during his meeting with NFL commissioner Roger Goodell or in the tapes that the league released Tuesday.

The clips, shown after Walsh's nearly 3½-hour meeting with Goodell, cut between shots of opposing coaches sending in signals and the play that followed.

"The fundamental information that Matt provided was consistent with what we disciplined the Patriots for last fall," said Goodell, who didn't anticipate punishing the team any further.

The most scandalous part of the tapes shown before Goodell's news conference had nothing to do with stealing signals — it was several minutes of close-ups of San Diego Chargers cheerleaders performing during a 2002 game.

Walsh did not comment after leaving the NFL offices. He next headed to Washington for a meeting with Sen. Arlen Specter, arriving at 2 p.m. for that session. Specter, the senior Republican on the Sen-

ate Judiciary Committee, has been critical of the NFL's handling of the investigation.

Specter postponed his news conference to Wednesday after his meeting with Walsh ran long.

The Spygate investigation began after the NFL confiscated tapes from a Patriots employee who recorded the New York Jets' defensive signals from the sideline during the 2007 opener. New England coach Bill Belichick was fined \$500,000, while the team was fined \$250,000 and forced to forfeit its 2008 first-round draft choice.

Asked if he considered the matter closed, Goodell said, "As I stand before you today, and having met with Matt Walsh and more than 50 other people, I don't know where else I would turn."

Walsh had no knowledge of anybody with the Patriots taping the Rams' final walkthrough leading up to the 2002 Super Bowl, Goodell said. The Boston Herald reported in February that an unidentified employee illegally recorded the walkthrough before New England, a two-touchdown underdog, upset St. Louis 20-17. RACHEL COHEN (AP)

 **Now what?** Mark Maske discusses what the video tapes will mean on blog.washingtonpost.com/nflinsider.

Sports

Owners Choose To Breed for Speed

Critics say downside is that horses are less durable than before

HORSE RACING | Big Brown figures to produce big green as a stallion, which is why the Kentucky Derby winner most likely will retire young, just as his parents did.

"We'll never know how sound he could be," said Ken Carson, a pedigree adviser in Pilot Point, Texas. "He could run 100 more times, but given what he's done at the racetrack, that won't happen. Genetically, we won't know how many races he has in him."

Such is business these days. But while the trend has proved highly lucrative for owners who can fetch far more from breeding their young stars than racing them, some in the industry say durability is now becoming an afterthought. Those fears were heightened in the Derby when the second-place finisher, the filly Eight Belles, broke both ankles and was euthanized.

Although the cause of the breakdown remains unknown, Larry Bramlage, the on-track veterinarian at Churchill Downs, says the thoroughbred breed is getting weaker in part because top stallions and mares are now judged largely by their ability to produce foals that win early races with colossal payouts.

A look at Big Brown's pedigree underscores the way the breeding business has focused on mating horses with top-heavy careers.

His sire, Boundary ran only eight times — all sprints — before an inju-



Kentucky Derby winner Big Brown has parents who raced just a few times each.

ry ended his racing days at age 4. Big Brown's dam, Mien, made only two starts. And each of the Derby winner's grand-sires raced three times.

Compare those statistics with those from two generations earlier on Big Brown's family tree — Round Table made 66 career starts, Admiral's Voyage 52 and Nearctic 47.

"If we keep breeding the short careers together, we're going to get short careers," Bramlage said. "If we want durability, we have to select for it — and we don't. We select for their ability to win." JEFFREY MCMURRAY (AP)

Derby's Gayego Joins Preakness

HORSE RACING | Looks like Big Brown won't be the lone Kentucky Derby horse in the Preakness after all.

Gayego, who finished 17th in the Derby on May 3, was added to the Preakness field Tuesday. Of the 19 horses Big Brown beat in the Derby, he will be the only one to seek a rematch Saturday at Pimlico.

in his first race on the dirt, yet the colt encountered difficulty from the outset in the Derby.

But he has been sharp in workouts since a disappointing finish.

"That's the reason we are thinking about [the Preakness]," trainer Paulo Lobo said Monday. "He's very happy right now and he came back very sound." DAVID GINSBURG (AP)

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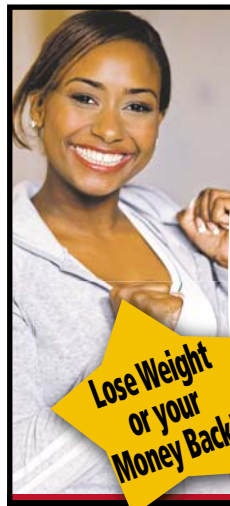
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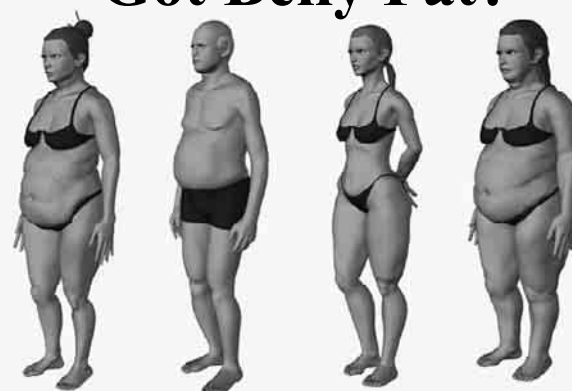
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Sports

Annika to Retire After This Season

At 37, one of the best women golfers ever is ready to leave on top

WOMEN'S GOLF | Annika Sorenstam will retire after the season, ending an LPGA Tour career in which she has won 72 tournaments to date and delivered a defining moment when she teed it up against the men on the PGA Tour.

"I think I've achieved more than I ever thought I could," she said during a news conference Tuesday at the Sybase Classic in Clifton, N.J. "I have given it all, and it's been fun."

The 37-year-old Sorenstam has hinted at retirement the past several seasons, saying she wanted to devote more time to her growing business and to start a family. She is engaged to Mike McGee, son of former PGA Tour player Jerry McGee.

"This would be very much like Annika to get on top and then quit," said Judy Rankin, a Hall of Famer and television analyst.

Sorenstam said her final event would be the Dubai Ladies Masters after the LPGA Tour season ends.

The decision comes two days after Sorenstam won the Michelob Ultra Open at Kingsmill by seven shots for her third victory of the season, and first against a field that included Lorena Ochoa.

"I just hope to continue this momentum," Sorenstam said after winning. "I'm feeling it. It's turning around, and so I can't wait for the next month or so to come with big



Annika Sorenstam announces her retirement in New Jersey on Tuesday.

tournaments, and I'm excited."

Sorenstam dominated women's golf like few others, especially during a five-year period when she won 43 times and finished among the top three nearly 70 percent of the time. But for all her achievements — the only woman to shoot 59, 10 majors, eight LPGA player of the year awards and one of six women to complete the career Grand Slam — she became most famous for testing herself against the men.

Sorenstam became the first woman in 58 years to compete on the PGA Tour when she played at the Colonial in 2003. She missed the cut but earned worldwide respect for the way she handled herself amid massive scrutiny. DOUG FERGUSON (AP)

TODAY'S TV LINEUP

NBA PLAYOFFS (8 P.M. AND 10:30 P.M. ON TNT) Both the Celtics and the Lakers looked to have comfortable leads over the Cavaliers and Jazz, respectively, when they left their home courts last week. Now, both series are tied 2-2 and going back to Boston and L.A. for the Game 5's.

NHL PLAYOFFS (8 P.M. ON VERSUS) Detroit has won nine straight playoff games and can sweep the Stars and secure a trip to the Stanley Cup finals.

NATIONALS (7 P.M. ON MASN2) Tim Lincecum is coming off one of his worst outings of the year. On Wednesday, he takes on the Mets.

ORIOLES (3 P.M. ON MASN) The Orioles wrap up a two-game series against the defending champion Red Sox with Daniel Cabrera on the mound.

HORSE RACING (5 P.M. ON ESPN2) Let the betting begin. The Preakness Post Position Draw is televised live on ESPN2.



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Cars

A Euro Wannabe

Saturn Astra lives up to its Opel namesake from across the pond

MAIS OUI | The Saturn Aura is the Opel Vectra by any other name. And, with the Saturn Astra sporty hatch, GM has dispensed with even the formality of renaming. This car is exactly the same Opel Astra you'd rent at Charles de Gaulle airport.

The new U.S. version — rolling into Saturn dealerships now — comes in three- and five-door models.

None of the tensed ligaments and bunched muscle — the overall sense of ready athleticism — of the Euro-spec model has been relaxed for American consumption. This is a stiff, flat-cornering little road racer that is hugely entertaining to drive, even if it is just slightly, um, boisterous.

The steering wheel is fat and heavy in your hands; the ratio is quick and the response off center immediate. Give it a little tug to the right or left and the car tacks instantly with big, biting turn-in.

This is a punchy little unit and fairly well balanced in its mission between performance and fuel economy.

But, beware, the Astra is no straight-line hero. The on-tap horsepower is sufficient to push the 2,833-pound car out of its own way, and around town it doesn't feel



The newest small car from Saturn, the Astra, features an EPA-estimated 24 mpg city and 32 mpg highway (manual) fuel economy and possesses a sporty look.

weak-limbed. But avoid impromptu drag races.

Also, if I had but one wish for the Astra, it would be that the car had a sixth overdrive gear.

At highway speeds, the engine sounds a little fevered, and fuel economy falls off badly (as the instantaneous fuel consumption readout will tell you).

The Opel — um, sorry — the Saturn Astra is by no means a perfect car. The interior design is a bit of a rubberized mess, and the monochrome digital display in the center of the dash looks like something from the Mongolian space program.

But it's well equipped, a great value, surprisingly comfortable

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DAN NEIL (LOS ANGELES TIMES)

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Travel

Chicago Architects Think Big

Boat tours give a good look at the Windy City's renowned buildings

DESTINATIONS | The boat glides under the Michigan Avenue bridge and heads into the heart of the city, as the shimmering white Wrigley Building and neo-Gothic Tribune Tower rise to the north.

It passes the corn-cob-like Marina Towers, the sprawling Merchandise Mart, and glass-and-steel skyscrapers — a tapestry of new and old that draws architecture enthusiasts from around the world to the city that famed architect Daniel Burnham once called his “Paris on the Prairie.”

“I knew I was going to be coming to Chicago, and the one thing that I wanted to do was the river cruise,” said Kristen Moore, 35, of Phoenix, snapping photos on the tour.

“There’s so much history in the buildings here.”

The city’s rise in the world of



Passengers on an architecture boat tour of Chicago get a view of the Marina Towers.

architecture began after the Great Chicago Fire of 1871 destroyed swaths of buildings, and the late 19th century saw the city’s architects become world leaders — designing everything from the employee-packed skyscrapers to quaint homes that make up the Bungalow Belt.

Isolated from the East Coast’s European influences, Chicago’s historic architects were known for putting aside common ideas about design, creating a unique and different way of building.

So innovative were their ideas that Chicago is considered the home of the modern skyscraper. Among the most famous are the 110-story Sears Tower — the tallest building in the U.S. — and the Hancock Tower along Lake Michigan.

“We have always thought big,” says Charles Stanford, a docent and architecture expert with the Architecture Foundation. “Chicago was always bold about the way we built. We sort of really do believe that the sky is the limit.” CARYN ROUSSEAU (AP)

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Entertainment



MUSICAL SHOW HOSTS: Jimmy Fallon will take over hosting "Late Night" when Conan O'Brien exits in 2009. O'Brien will be replacing Jay Leno as host of the "Tonight" show. Leno will be sent to live with a nice farm family.

Coldplay Gives Back

Rock band thanks fans with a free single and concerts

MUSIC | Coldplay's "Viva La Vida or Death and All His Friends" will be released June 12 internationally and on June 17 in North America. "Viva La Vida" is a bold musical statement by a group that frontman Chris Martin says had grown to feel "a little dirty" by the end of its last campaign.

In a bold move to reassert its close relationship with its fans, Coldplay made the opening single, "Violet Hill," available as a free download April 29, shifting more than 2 million units in its week of being available for free, according to the band's label, EMI. A cover-mounted 7-inch vinyl edition of the single was given away with the May 10 issue of British music weekly NME — the only physical version of the single to be made available.

Martin, the band's vocal focus, offers a typically relaxed and realistic interpretation.

"Of course we want to sell a lot of records," Martin says. "But we want to get right back to the root of everything, by saying, 'Here you go, have a song, have a concert.' All that other stuff we have to do because we're in contract, but it's just start-



GENIUS MARKETING STRATEGY: Coldplay prefaces its new album and tour with freebies to whet the public's appetite.

ing from that place. It makes us feel good as a group of people."

"More than ever, you've got to give people a reason to be excited about music," drummer Will Champion adds. "With content being so available, you just want to give people as much as possible."

Coldplay will also stage free gigs June 16 in London and New York. Tickets will be offered in a contest via coldplay.com. The free shows will be followed by extensive touring

throughout 2008 and beyond.

The new album, produced by Brian Eno and Markus Dravs, sounds like a band quite certain of its sonic and creative course. It was made during a very deliberate period out of the limelight for the band as a whole.

The album begins with "Life in Technicolor," which picks up speed after a contemplative start that Martin says is intended to sound like the band is "coming

over the hill."

That eases into "Cemeteries of London," an atmospheric piece that opens on his distinctive vocals but grows into the type of large-scale production that characterizes much of the album, highly percussive and with strident guitar. Overall, the album has a flavor of rich instrumentation and occasional experimentation but is almost always instantly recognizable as Coldplay. **PAUL SEXTON (BILLBOARD)**



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JANE FRANKLIN DANCE

Dancing Through Life

"Zip Through a Tight Space" is an appropriate title for a dance piece performed in a crowded restaurant/bookstore. This piece, a fundraiser for the company, deals with the games we have to play to maneuver through modern life.

→ *Busboys and Poets*, 2021 14th St. NW; 6:30 p.m., free; 703-298-3235. (U St. - Cardozo)

TRAILER NIGHT

Coming Attractions



2 Excited about upcoming summer blockbusters? Just can't wait?

Hit Trailer Night, a D.C. Film Society event in which people gather and ... watch previews of summer movies and then discuss them. Not the movies, the previews. Admit it: You're intrigued.

→ *Landmark E. Street Cinema*, 555 11th St. NW; 7 p.m., \$8; 202-452-7672. (Metro Center)

KOSTUME KARAOKE

Drag Racing

3 You can wear your own costume or assemble one when you get there. The idea is that you dress up before you go onstage and belt out "Like a Prayer." We're guessing there's a martini somewhere in there.

→ *Solly's U St. Tavern*, 1942 11th St. NW; 8 p.m., free; 202-232-6590. (U St. - Cardozo)

WHAT'S HAPPENING?

Please send press releases and photos to expressevents@readexpress.com



Richard Blais is the odds-on favorite, especially with mohawk enthusiasts.

In the Home Stretch

'Top Chef' is drawing to a close — Who's left? Who will win?

HANDICAP | With only seven chefs left, the time has come to start predicting who will flambé his or her way to a position in the final three. Besides Richard, of course. Every season has its wonder cook, and this season, it's the molecular gastronomist who knows that "bottom line, food needs to taste good."

readexpress.com

Does Richard have it all sewn up or will one of the other chefs triumph? Tell us what you think at readexpress.com/chef

What is less predictable is who he will compete against (read: demolish) for the title. Stephanie, Lisa, Andrew, Spike, Antonia and Dale are the candidates. It seems safe to knock Lisa the Cranky and Spike of the Odd Hat Collection out,

as their personalities remain weird and their food mediocre.

Andrew, Antonia, Dale and Stephanie are all strong chefs, but Dale's hot little temper has gotten the best of him on more than one occasion. Andrew's a little on the spastic side, and despite some solid dishes, he's new to the culinary scene and may be too green for the top three.

Our money's on Stephanie, Antonia and Richard. Let's hope the ladies give Richard a run for his money. **KARMAH ELMUSA (EXPRESS)**

Entertainment

Fame Game For Scarlett

Actress turned singer hopes to be seen as a serious musician

DEBUT | Scarlett Johansson describes the recording of her Tom Waits covers album, "Anywhere I Lay My Head," as an "intimate experience — almost private, in a way."

Of course, when you're an actress, Louis Vuitton model and occasional tabloid fixture, pretty much nothing is private.

That's the challenge facing Atco/Rhino Records as it promotes the album, due out May 20. Sure, Johansson is a familiar face

— and name recognition is a definite marketing bonus — but the phrase "actress-turned-singer" is bound to set off warning bells.

"I don't think being a celebrity is a hindrance — I think it will get people curious," project manager Liuba Shapiro says. "It's not like a Paris [Hilton] brand."

The album has Waits' stamp of approval, Johansson says. "It would be mortifying otherwise. It's such a valentine for his work. I wanted to have that approval. Now I don't have to look out for him in a dark, crowded place."

Shapiro says the first single, "Falling Down," was released first



Scarlett Johansson is an actress-singer, but not in the Paris Hilton tradition.

through an exclusive on AOL's spinner.com, then via iTunes, imeem, MySpace and Johansson's own Web page. It is also being worked into college radio in top markets. "We're trying to treat it as organically as possible, more in line of what we'd do with an indie artist," she says.

Label execs are hoping she'll continue to pursue music. "I do think she could do another album, and it would be just as intriguing," Shapiro says. **ANN DONAHUE (BILLBOARD)**

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DIGITAL PRESENTATION

IRON MAN (PG13) 2:40, 6:00, 9:20

THE METROPOLITAN OPERA: LA BOHEME ENCORE II (NR-NOT RATED) 6:30

SPEED RACER (PG) 1:40, 2:20, 3:00, 3:40, 5:00, 5:40, 7:00, 9:00

SPEED RACER (PG) 2:20, 5:40, 9:00

WHAT HAPPENS IN VEGAS (PG13) 1:50, 2:30, 3:30, 4:30, 5:10, 6:10,

7:10, 7:50, 9:10, 9:50

IRON MAN (PG13) 1:30, 2:00, 3:20, 4:00, 4:40, 6:40, 7:20, 8:00, 10:00

MADE OF HONOR (PG13) 1:55, 2:35, 4:20, 5:05, 7:05, 7:40, 9:30, 10:10

BABY MAMA (PG13) 1:35, 3:10, 4:10, 5:45, 7:30, 8:10, 9:55

HAROLD AND KUMAR ESCAPE FROM GUANTANAMO BAY (R)

2:05, 4:35, 7:15, 9:40

88 MINUTES (R) 8:15

THE FORBIDDEN KINGDOM (PG13) 3:45, 6:30, 9:15

FORGETTING SARAH MARSHALL (R) 1:45, 4:25, 7:25, 10:05

PROM NIGHT (PG13) 8:20

STREET KINGS (R) 2:50, 5:25, 8:05

NIM'S ISLAND (PG) 2:55, 5:35

21 (PG13) 6:20, 9:25

AMC SELECT

REDBELT (R) 2:45, 5:30, 7:55, 10:15

AMC COLUMBIA MALL 14
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DIGITAL PRESENTATION

IRON MAN (PG13) 2:30, 5:30, 8:30

SPEED RACER (PG) 12:10, 2:15, 3:25, 5:25, 6:35, 8:35, 9:45

WHAT HAPPENS IN VEGAS (PG13) 1:10, 2:10, 3:50, 4:50, 6:25, 7:25,

9:00, 10:00

WHAT HAPPENS IN VEGAS (PG13) 2:10, 4:50, 7:25, 10:00

IRON MAN (PG13) 12:15, 1:05, 1:45, 3:15, 4:05, 4:45, 6:15, 7:05, 7:45,

9:15, 10:05

MADE OF HONOR (PG13) 12:55, 2:00, 3:30, 4:40, 6:05, 7:15, 8:40, 9:50

BABY MAMA (PG13) 2:05, 4:30, 7:00, 9:30

HAROLD AND KUMAR ESCAPE FROM GUANTANAMO BAY (R)

12:20, 2:45, 7:30, 9:55

THE FORBIDDEN KINGDOM (PG13) 1:30, 6:45

FORGETTING SARAH MARSHALL (R) 4:10, 9:20

PROM NIGHT (PG13) 5:10

AMC SELECT

REDBELT (R) 1:50, 4:25, 6:55, 9:25

LOEWS GEORGETOWN 14
3111 K Street, N.W.
202-342-6441

DIGITAL PRESENTATION

IRON MAN (PG13) 2:00, 5:00, 8:00

SPEED RACER (PG) 1:15, 4:20, 7:30, 10:25

WHAT HAPPENS IN VEGAS (PG13) 1:45, 2:30, 4:10, 5:15, 6:45, 7:50,

9:30, 10:20

IRON MAN (PG13) 1:00, 3:00, 4:00, 6:00, 7:00, 9:00, 10:00

MADE OF HONOR (PG13) 1:50, 3:05, 4:40, 5:30, 7:20, 8:10, 9:45, 10:30

BABY MAMA (PG13) 1:55, 4:15, 6:50, 9:40

HAROLD AND KUMAR ESCAPE FROM GUANTANAMO BAY (R)

2:10, 4:50, 7:25, 10:05

88 MINUTES (R) 1:10, 4:05, 7:05, 9:50

THE FORBIDDEN KINGDOM (PG13) 4:30, 10:15

FORGETTING SARAH MARSHALL (R) 1:40, 4:25, 7:15, 9:55

FORGETTING SARAH MARSHALL (R) 1:40, 4:25, 7:15, 9:55

21 (PG13) 1:30, 7:10

AMC SELECT

REDBELT (R) 2:40, 5:05, 7:40, 10:10

AMC POTOMAC MILLS 18
2700 Potomac Mills Circle, Ste 886
703-998-4262

DIGITAL PRESENTATION

IRON MAN (PG13) 2:30, 5:30, 8:30

SPEED RACER (PG) 12:05, 1:10, 2:00, 3:30, 4:15, 5:15, 6:45, 7:30,

10:15

WHAT HAPPENS IN VEGAS (PG13) 1:50, 2:35, 4:30, 5:20, 7:15,

8:00, 9:45, 10:35

WHAT HAPPENS IN VEGAS (PG13) 1:50, 4:30, 7:15, 9:45

IRON MAN (PG13) 12:15, 1:00, 1:45, 3:15, 4:00, 4:45, 6:15, 7:00, 7:45,

9:15, 10:00

MADE OF HONOR (PG13) 1:05, 2:10, 3:50, 4:50, 6:30, 7:25, 9:10, 10:10

BABY MAMA (PG13) 1:15, 3:45, 5:05, 6:40, 7:35, 9:20, 10:20

HAROLD AND KUMAR ESCAPE FROM GUANTANAMO BAY (R)

2:15, 5:00, 7:50, 10:35

88 MINUTES (R) 8:10, 10:40

THE FORBIDDEN KINGDOM (PG13) 1:40, 4:25, 7:10, 10:05

FORGETTING SARAH MARSHALL (R) 2:20, 5:25, 8:15

PROM NIGHT (PG13) 12:35, 2:50, 5:10, 7:20, 9:55

NIM'S ISLAND (PG) 12:30, 2:45

AMC SELECT

REDBELT (R) 12:00, 2:25, 4:55, 7:40, 10:25

AMC COURTHOUSE PLAZA 8
Courthouse and Birch Rd.
703-998-4AMC

IRON MAN (PG13) 2:00, 3:10, 5:00, 6:30, 8:00, 9:20

MADE OF HONOR (PG13) 2:50, 5:20, 7:40, 10:00

BABY MAMA (PG13) 3:30, 5:50, 8:10, 10:20

DECEPTION (R) 3:00, 5:30, 7:50

HAROLD AND KUMAR ESCAPE FROM GUANTANAMO BAY (R)

2:20, 4:50, 7:10, 9:30

88 MINUTES (R) 7:20, 9:50

NIM'S ISLAND (PG) 2:55, 5:10

21 (PG13) 1:50, 4:40, 7:30, 10:10

MAGIC JOHNSON CAPITAL CENTRE 12
800 Shopper's Way, Largo
301-324-4220

SPEED RACER (PG) 12:30, 3:30, 6:35, 9:45

WHAT HAPPENS IN VEGAS (PG13) 12:10, 2:30, 5:00, 7:35, 10:00

IRON MAN (PG13) 12:15, 1:05, 2:05, 3:15, 4:15, 5:15, 6:05, 7:05, 8:05,

9:15, 10:00

88 MINUTES (R) 12:20, 2:50, 5:20, 7:45, 10:10

THE FORBIDDEN KINGDOM (PG13) 12:25, 3:05, 4:35, 6:15, 7:15,

9:05, 10:05

PROM NIGHT (PG13) 12:05, 2:15, 4:25, 6:40, 7:40, 8:50, 9:50

STREET KINGS (R) 1:25, 4:20, 7:20, 10:05

TYLER PERRY'S MEET THE BROWNS (PG13) 12:05, 2:25, 4:55,

7:25, 9:55

DR. SEUSS' HORTON HEARS A WHO! (G) 12:10, 2:25

DR. SEUSS' HORTON HEARS A WHO! (G) 12:10, 2:25

COLLEGE ROAD TRIP (G) 12:50, 3:00, 5:10

LOEWS SHIRLINGTON 7
2772 South Randolph
703-671-0910 801

AMC SELECT

THE BABYSITTERS (R) 2:10, 4:40, 7:10, 9:30

REDBELT (R) 1:50, 4:30, 7:00, 9:20

THEN SHE FOUND ME (R) 1:30, 4:10, 7:20, 9:40

ROMAN DE GARE (R) 2:00, 4:20, 7:00, 9:10

THE VISITOR (PG13) 1:40, 3:50, 7:40, 9:55

YOUNG@HEART (PG) 2:20, 4:50, 7:30, 9:50

PRICELESS (PG13) 5:00, 9:50

MISS PETTIGREW LIVES FOR A DAY (PG13) 2:30, 7:50

LOEWS UPTOWN 1
3426 Connecticut Avenue N.W.
1-800-FANDANGO #713

IRON MAN (PG13) 1:00, 4:00, 7:00, 10:00

AMC TYSONS CORNER 16
7850 Tysons Corner Center
703-998-4262

DIGITAL PRESENTATION

IRON MAN (PG13) 2:15, 5:15, 8:10, 11:00

THE METROPOLITAN OPERA: LA BOHEME ENCORE II (NR-NOT RATED) 6:30

SPEED RACER (PG) 12:15, 1:45, 3:15, 4:45, 6:15, 7:45, 9:15, 10:45

WHAT HAPPENS IN VEGAS (PG13) 12:10, 1:20, 2:40, 3:45, 5:10,

6:10, 7:35, 8:35, 10:00, 10:50

IRON MAN (PG13) 12:00, 12:45, 1:30, 3:00, 3:40, 4:30, 6:05, 6:45, 7:30,

9:00, 9:45, 10:30

MADE OF HONOR (PG13) 12:30, 1:50, 3:05, 4:25, 5:40, 7:10, 8:05,

9:50, 10:35

BABY MAMA (PG13) 12:05, 1:25, 2:30, 3:50, 4:50, 6:15, 7:15, 8:40,

9:35, 10:55

BABY MAMA (PG13) 1:25, 3:50, 6:15, 8:40, 10:55

HAROLD AND KUMAR ESCAPE FROM GUANTANAMO BAY (R)

12:50, 3:20, 5:50, 8:15

THE FORBIDDEN KINGDOM (PG13) 12:20, 2:55, 10:20

FORGETTING SARAH MARSHALL (R) 1:35, 4:15, 7:00, 9:40

21 (PG13) 10:40 PM

AMC SELECT

REDBELT (R) 12:40, 3:10, 5:30, 8:00, 10:25

AMC MAZZA GALLERIE
Jennifer and Wisconsin
202-537-9553

SPEED RACER (PG) 2:00, 5:00, 8:00

WHAT HAPPENS IN VEGAS (PG13) 2:20, 4:40, 7:10

IRON MAN (PG13) 1:50, 4:50, 7:50

MADE OF HONOR (PG13) 1:55, 4:20, 7:20

BABY MAMA (PG13) 2:40, 5:10, 7:30

HAROLD AND KUMAR ESCAPE FROM GUANTANAMO BAY (R)

2:10, 4:30, 7:00

FORGETTING SARAH MARSHALL (R) 2:30, 4:55, 7:40

LOEWS RIO CINEMAS 18
9811 Washingtonian Boulevard
301-948-0906

DIGITAL PRESENTATION

IRON MAN (PG13) 2:40, 5:40, 8:40

SPEED RACER (PG) 1:20, 2:20, 3:20, 4:30, 5:30, 6:30, 7:35, 9:40,

10:35

WHAT HAPPENS IN VEGAS (PG13) 1:10, 2:35, 3:40, 5:05, 6:20,

7:35, 8:50, 10:05

IRON MAN (PG13) 1:00, 1:50, 3:15, 4:00, 4:50, 6:15, 7:00, 7:50, 9:20,

10:00, 10:45

IRON MAN (PG13) 1:50, 4:50, 7:50, 10:45

MADE OF HONOR (PG13) 12:45, 2:00, 3:10, 4:35, 5:45, 7:05, 8:15,

9:35, 10:40

BABY MAMA (PG13) 1:35, 2:45, 3:50, 5:10, 6:35, 7:30, 8:55, 10:10

HAROLD AND KUMAR ESCAPE FROM GUANTANAMO BAY (R)

3:00, 5:35, 8:20, 10:45

88 MINUTES (R) 8:35

THE FORBIDDEN KINGDOM (PG13) 12:50, 3:30, 6:10, 8:45

FORGETTING SARAH MARSHALL (R) 2:10, 5:00, 7:55, 10:30

NIM'S ISLAND (PG) 2:50

21 (PG13) 5:15, 8:00, 10:35

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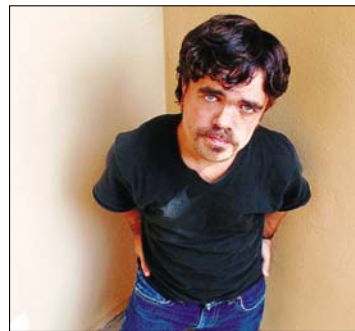
Previously disdainful Dinklage values role in 'Prince Caspian'

FANTASY | Once upon a time, Peter Dinklage would have turned down the role of the Red Dwarf Trumpkin in "The Chronicles of Narnia: Prince Caspian."

"I was very cautious to a fault," says Dinklage, the 4-foot-6 actor best known for the film "The Station Agent."

"I had high expectations of what life would provide me artistically. I wasn't really interested in doing a movie like this, because, I thought, somebody my size in a fantasy movie, I think it would be limiting or what have you."

He pauses. "The older I get, hopefully, the more open-minded



Peter Dinklage plays a dwarf in "Caspian" and will also appear in its sequel.

I am about things like that."

Consider Dinklage officially sold on big-budget fairy tales. At least this one, which opens Friday. He marveled at director Andrew Adamson's crafting of such a spectacle. He got to talk shop with dwarf actor and original Ewok and "Harry Potter" veteran Warwick Davis, who plays the Black

Dwarf Nikabrik in "Caspian."

Despite his success, the actor professes no desire to be a flag bearer for the small in stature. If his performances inspire actors of all sizes, that's fine by him.

"I don't like to draw attention to myself," he says, then laughs. "I don't have it bad. Every actor has it rough. I didn't have it rougher than anyone else. There's people my age waiting tables, and all they wanted to do was act, and here I am in a high-rise talking to you about 'Narnia.' It's sort of, 'How dare I talk about how hard it is and what to do?'"

And sometimes it's saying "yes" to mass entertainment when the thespian inside is saying "no."

Says Dinklage: "When I was younger, I would have missed a golden opportunity." RON DICKER (THE HARTFORD COURANT)

VISTA VIBE



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June 7: Learn & Burn! Yoga in the Park
and DIY Event

June 8: Eat It Up! VistaVibe Afternoon BBQ

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Activism

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Sr. Administrative Asst - Ft Belvoir, Va TS clearance and 5 yrs of admin asst experience required. Strong Excel/ Word skills, database knowledge, etc. Competitive Salary & benefits. Resume kenmar@kenmargroup.com

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Due to a huge increase in sales, Koons Ford of Falls Church has openings for two internet sales people. Experience is a plus but will train the right individual. Huge opportunity to make six figures in our fast growing pre-owned department. Sales are up and we need Sales Consultants. We offer paid vacation, health, dental, vision benefits and a great 401k program and an excellent payplan. Please call Natt Fiumara or Giles Mulligan at 703-241-7340 for an immediate interview.

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- Seeking Assistant Director, Program Coordinator, Infant, Toddler, Twos, Preschool Teachers. Prefer AA/BA in ECE, or CDA with experience teaching in child care center.
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Saturday, May 31, 2008
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LOCATION OF JOB FAIRS:

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Driver Part time local
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Call 703-393-6700

Drivers

Publishers Circulation Fulfillment Inc. is seeking Independent Contractors to deliver newspapers and other publications Early mornings 3:30 am-6:00 am- \$160- \$300/wk Washington DC, Silver Spring, PG County & surrounding areas. Reliable car required Call Now 1-800-515-8000

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Managing Editor

Leading early childhood education publisher seeks Managing Editor to oversee all aspects of book production and the coordination of efforts between authors and editors. Responsibilities include editing and proofing manuscripts. Minimum 2 years editorial experience req'd. Excellent benefits, including health care and 401k. Salary commensurate with experience. Apply by email to kathy@ghbooks.com.

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Pipefitter

The National Gallery of Art is seeking an experienced Pipefitter to repair, maintain, and install piping equipment. The individual shall have hands-on experience with steam heating, high temperature hot water heating, steam valves, relief valves, float valves, and other plumbing equipment. Knowledge of trade practices, measurements, and layout; ability to understand and interpret blueprints and specifications; and ability to discover and eliminate malfunctions are also necessary. Secure government job with great benefits. Salary range \$23.59-\$27.55, hourly. Call Mr. Bixler at 202-842-6350 for more information. U.S. citizenship is required. For specific application information and instructions go to <http://jobsearch.usajobs.opm.gov/a9nga.asp>. The vacancy announcement number is 08-34A. Applications will be accepted through 6/6/08. EOE.

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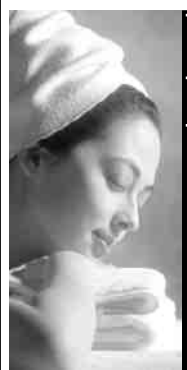


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SALES & AUCTIONS

Alexandria—Sat. 5/17, 8 am to 12 noon, Community Sale. Take Duke to S. Pickett, make right on Valley Forge, to Greta Green. Left into Brigadoon.

Annandale—Community Garage Sale, over 40 families participating. May 17th, 8:00 AM -1:00 PM. Rain or Shine. We are located in Annandale just off the beltway, south of Little River Turnpike and east of Guinea Road. For online directions ,enter 4146 Elizabeth Lane, Annandale, VA .

Bristow—HUGE Community Yard Sale Sheffield Manor 12354 Penzance Ln, Bristow, VA, May 17th 8 to 1 off University and Devlin

Burke—Girl Scout Yard Sale-9831 Natick Road, Burke, VA, 5/17, 7:00-11:00 am-Toys, household items, clothing, books and more.

Capitol Hill—Best St. Peters school yard sale & fun fair at church hall 313 2nd Street, SE, Washington, DC, May 17, 2008, 9am - 2pm.

Falls Church City—BIG Yard Sale 410 Park Ave, 5-17 raindate 5-18, 8am-2pm. *ALL PROCEEDS donated 2 GIRLS on the RUN of NOVA

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 \$28 per sq ft
Sat. & Sun., May 23rd & 24th 301-627-7630

Potomac—11310 Gainsborough Rd., Potomac, MD, 05/17/08, 9AM. Girls clothes(age 1-12),toys,stuffed animals, womens clothes, more.

Springfield—Community Yard Sale! Sat * 8:30-12 * Pool Pkg Lot @ Danbury Forest & Clydesdale (Rain? 5/18) Tons of great stuff! Must see!

Takoma Park—Books, toys, furniture, household items. 207 Manor Cir, TP Md, Sat. & Sun. 5/17-18, 10-4, 202-276-1586.

Vienna—Community-wide Yard Sale, Sat 5/17, Stonewall Dr and Cedar Lane, Vienna, VA, 8am-noon. Raindate Sunday.

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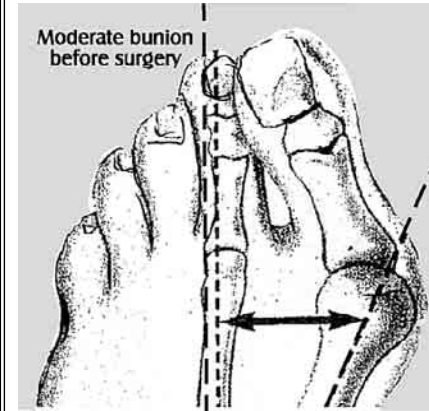
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Technology

Doctors try out text messaging to connect with young patients

4gt yr meds? Getting kids to remember their medicine may be a text message away.

Cincinnati doctors are experimenting with texting to tackle a big problem: Tweens and teens too often do a lousy job of controlling chronic illnesses like asthma, diabetes or kidney disease.

It's a problem long recognized in adults, particularly for illnesses that can simmer without obvious symptoms until it's too late. But only now are doctors realizing how tricky a time adolescence is for skipping meds, too.

Of necessity, parents start turning over more health responsibilities to their children at this age. It's also an age of angst, sometimes rebellion, and when youths may most hate feeling different from their

friends because of medication, special diets or other therapy.

"It's a time of so much change in these kids' lives," says Dr. Marva Moxey-Mims, a specialist in pediatric kidney disease at the National Institutes of Health. "It's very difficult when you've got a life-threatening illness to say, 'Let them make their mistakes.'"

There are few good statistics on how many chronically ill kids don't adhere to therapy. But what little data exist are alarming enough that the NIH's National Institute of Diabetes and Digestive and Kidney Diseases will bring specialists together in September to debate the next steps.

Some studies suggest only half of adolescents, on average, properly follow treatment steps, says Dr. Dennis Drotar of Cincinnati Children's Hospital. The more medications required or the more troublesome the side effects — even, for appearance-conscious teens, such things as weight gain from steroid medications — the worse kids adhere.

Asthma's record is particularly

INSIDE

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MEDICAL MESSAGING: Kabrina Moton receives a text telling her to use her inhaler.

DAVID KOHL/AP

“It's very difficult ... to say 'Let them make their mistakes.'”

MARVA MOXEY-MIMS, DOCTOR

Even when parents try to keep close tabs, “kids are cunning,” Drotar notes. “Parents are in a bind because there's pushback.”

Kabrina Moton, 16, of Cincinnati knows she'll start wheezing and need her inhaler when she plays basketball if she hasn't taken her daily asthma pill.

Still, “one time I went a whole month without taking it,” she confesses. “It's just work and school and being in and out of the house all the time. ... When I would think about it, I wasn't around it or I was out and I wouldn't remember later on.”

Enter text messages.

Moton says she texts a lot, so it's easy to spot her reminder from the clinic at 7 each evening — and, so far, she hasn't missed a dose.

“It always says, ‘Have a nice day,’” she says. “It makes me feel good about it.” LAURAN NEERGAARD (AP)

Healthy Reminders

bad, with research suggesting as little as 30 percent of teenagers correctly take medication to prevent asthma attacks.

Among kidney transplant recipients, adolescents have the worst long-term outcomes of any age group, says Moxey-Mims.

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Athletics enthusiasts want their ashes to be spread at stadiums

Even though he's only 37 and healthy, Nathan Davis has already made out his will. In it, he bequeaths money to the University of Alabama athletic department and his ashes to Bryant-Denny Stadium.

Davis, whose heavily tattooed body is a living tribute to his beloved school, wants his remains to become an actual part of it.

"I spell it out in my will," Davis said. "My first choice is to spread my ashes at the stadium, second is on the Walk of Champions and third is on Bear Bryant's statue."

Davis is one of an apparently large number of people who feel there's no better place to spend eternity than the place they cheered on the old home team or otherwise celebrated their favorite sport.

A couple years ago, Christo-



Nathan Davis wants his ashes scattered at the University of Alabama's stadium.

pher Noteboom ran across the field during a Philadelphia Eagles game scattering his mother's ashes as he went. Noteboom said Mom was a big Eagles fan and he couldn't think of a more fitting tribute.

George Helms' family had the urn holding his ashes strapped onto a car at the Las Vegas Motor Speedway, where it rode during practice

laps. Afterward, they scattered some of the NASCAR fan's ashes over the track so he could remain part of his favorite sport.

Although most people tend to look for a place of beauty or serenity to scatter ashes, said Dr. Amy Dickson, an assistant professor of psychiatry at the LSU Health Sciences Center, some have other criteria.

[Sports] events are what [fans] look forward to ... so continuing that allegiance after death is just another step."

AMY DICKSON, PROFESSOR

"For an avid sports fan, the idea of having their ashes scattered at a place that made them happy might be very strong," she said. "For many people, allying with a team is what drives their week. Those events are what they look forward to and plan on, so continuing that allegiance after death is just another step."

When LSU added onto Tiger Stadium, where the football team has played since 1924, the contractor faced a steady stream of fans carrying urns, said Senior Associate Athletic Director Herb Vincent.

"It was a very regular thing," Vincent said. "The contractor would call

and say, 'We've got another one,' and it would be someone with an urn of ashes they wanted to put into the stadium before the walls were sealed up. We had at least 40 people ask."

In addition, LSU gets several requests a year to spread ashes at Tiger Stadium, all of which they turn down.

"We feel it might be a little bit of a health issue," Vincent said. "After all, we are talking about human remains."

Rules for the disposal of ashes vary among states, although Louisiana has no restrictions of how or where they may be dumped, according to Bob Johannessen, spokesman for the Louisiana Department of Health and Hospitals.

"There are regulations for disposing of bodies, but not ashes," Johannessen said. "There's no health risk involved in ashes."

There are other reasons organizations discourage the spreading of ashes.

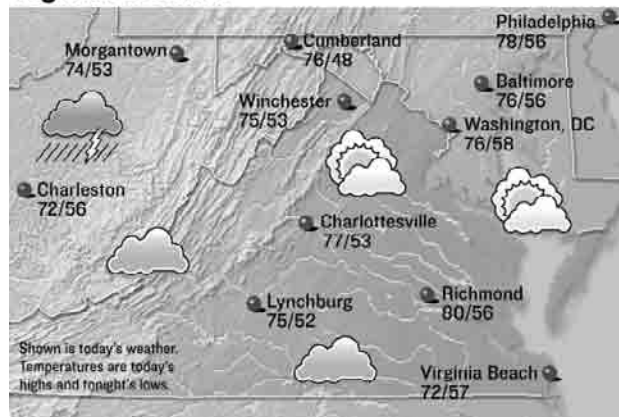
"It probably happens, and we sort of turn a blind eye if people are discreet," said Rich Dalrymple, spokesman for the Dallas Cowboys. "But we don't really feel it's appropriate. These things have a way of turning into elaborate ceremonies, and we don't want a stream of hearses pulling up to the stadium."

MARY FOSTER (AP)

5 Day Forecast for the Washington Area

Today	Tonight	Thursday	Friday	Saturday	Sunday
76°	58°	76° / 56°	64° / 50°	68° / 53°	73° / 50°

Regional Weather



Forecasts and graphics provided by AccuWeather, Inc. ©2008

Almanac

Washington, D.C., through 4 p.m. Tues.

Temperature

High	73°
Low	48°
Normal high	74°
Normal low	55°
Average humidity	47%

Precipitation

24 hours ending 4 p.m.	0.26"
Month to date	7.75"
Normal month to date	1.54"
Year to date	21.01"
Last year to date	13.01"
Normal year to date	13.86"

For up-to-the-minute weather, see:
washingtonpost.com/weather

Regional Forecast

D.C. Metro: Today, sunny to partly cloudy, warm. High 76. Wind south-southwest 6-12 mph. Tonight, partly cloudy. Low 58. Wind south 6-12 mph.

Sun and Moon

Sunrise today	5:56 a.m.
Sunset tonight	8:13 p.m.
Moonrise today	3:20 p.m.
Moonset today	3:03 a.m.



National Weather for Wednesday, May 14



National Cities

City	Today	Thur.
Atlanta	75/61/c	75/64/t
Boston	66/49/s	68/49/c
Chicago	63/42/r	63/43/pc
Dallas	80/63/t	76/55/pc
Denver	58/38/c	57/41/sh
Honolulu	84/71/s	84/72/s
Los Angeles	84/58/s	90/62/s
Miami	84/70/s	85/73/s
New York City	74/56/s	73/55/pc
Orlando	86/64/s	91/70/s
Seattle	66/50/c	77/55/s

World Cities

City	Today	Thur.
Amsterdam	72/54/pc	68/52/r
Athens	68/57/sh	72/59/pc
Berlin	68/52/s	75/54/s
Buenos Aires	73/57/s	75/57/s
Calgary	64/44/c	77/48/s
Dublin	63/48/pc	61/50/pc
Geneva	73/54/r	72/54/sh
Moscow	54/34/c	52/32/c
Rome	68/55/sh	72/57/c
Sydney	68/55/pc	70/56/pc
Tokyo	66/60/r	71/57/s

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice

Styles

LOOKout

➔ Forget the Air Jordan: Cole Haan sells the **FIONA AIR PUMP** (\$275, Colehaan.com). This patent leather heel is a veritable must for that Washingtonian woman power suit.



➔ Cole Haan's **AURORA AIR SLING** in lemon snake (\$275, Colehaan.com) are even more tempting to splurge on, considering they are comfortable to wear.



Fashion



And So It Begins ...

As word spread of "Sex and City: The Movie" (out May 30, as if you don't already have it in your daily planner), girly pre-movie viewing parties started being planned nationwide. The essentials: a DVD marathon session, cosmos and pink cupcakes. For those who'd like to meet other Carrie wannabes (Why does every gal think she is Carrie? Give us Samantha!) head to We One You Two (1525 Wisconsin Ave., 202-298-5999) Thursday. The boutique will dole out cocktails (6-9p.m.) and tix to the film will be offered in a raffle. Don't forget to wear your "SATC" character undies by Cosabella! No joke: Go to Bare necessities.com. KRIS CORONADO (EXPRESS)

Walk This Way

It's possible to be sleek and chic with comfort of sneaks

Leave those blinding white sneakers out of your summer vacation suitcase: Comfortable walking shoes are a fashion dilemma no more.

Not only is it possible to find shoes that are both stylish and wearable, it's probable. Shoe designers, manufacturers and retailers are paying a lot of attention to the burgeoning category of "ath-leisure" — the industry code word for what most people would call weekend shoes.

They're definitely not sneakers, says Catherine Beaudoin, of Gap Inc.'s online shoe store Piperlime, but they incorporate a lot of what sneakers have to offer, including arch support and rubber outsoles.

What's different are the styles. Shoes from the likes of Privo, Crocs and Aerosoles started off as "comfort shoes" but have moved toward fashion. On the flip side, upscale brands Cole Haan and Stuart Weitzman have paid more attention to making their fashionable shoes comfort-

able. Taryn Rose, sold at high-end department stores, was founded by an orthopedic surgeon determined to marry form and function.

"Everyone is moving to the center," says Beaudoin, who personally favors Privo's Hop shoe, a breathable, lightweight mesh ballet slipper.

"I've been in the business 15 years, and in the '90s, 'comfort shoes' was a euphemism for matronly orthopedic shoes. No one under 80 would be caught dead wearing them," says John Kuehl, women's product merchandiser for Shoemall.com, "but the sneaker generation wants to look nice and get the comfort they enjoyed wearing sneakers."

According to market researcher The NPD Group, fashion-focused comfort shoes, along with low-performance athletic and skateboard shoes, posted the highest growth rates last year in the \$44 million domestic footwear market.

Kuehl says the turning point was

➔ **YOU BY CROCS BALL** in fuchsia (\$150, Piperlime.com). Now it is possible to find shoes that are both stylish and wearable.



the introduction of memory foam to the mass market about a decade ago. The long-lasting cushioning is typically used under insoles, and it should spring back to its original shape after each use, he explains.

Kuehl says that shoes made from a natural fiber upper, such as leather, are the traditional go-to shoe because it will absorb moisture close to the foot and it's soft enough to form to the foot over time.

At Cole Haan, the emphasis is on

padding. The brand began using its parent company's Nike Air Technology in 2000, aiming to further the goal of comfortable high heels.

"You will probably wear a high heel for a more limited time than a flat but you should be able to wear it for an hour without complaining it hurts," says design director Paul Overfield. "The construction and the arch are extremely important, millimeters can make a huge difference."

SAMANTHA CRITCHELL (AP)

➔ Who knew Crocs could get so fashionable so quickly? Piperlime shows a black patent leather peep-toe mule by **YOU BY CROCS NAPLES** (\$150, Piperlime.com).



Beauty

Up in the Polls

Are we bitter that, as soon as we threw our superdelegate support behind a certain perfect, thin, liquid Shishedoe eyeliner, the company discontinued the darn thing? Yes, but that won't stop us from campaigning for Hourglass' new **CALLIGRAPHY'S LIQUID LINER** (\$32, Sephora.com). Like our late, great peeper prettifier, this dark and lovely stuff comes in sleek pen form. It slides on like a graceful little Sharpie, leaving a skinny smudge that's more Lauren Bacall than late-era Bette Davis. We expect to keep it in our bag through the election season, especially since it'd be easy to apply in the back of cab speeding us to some glamorous inaugural ball. JENNIFER BARGER (EXPRESS)



LOOK out Online


readexpress.com

site specifics

MUSIC

Sweet Dreams

"The L Word" actress Leisha Hailey and musician Camila Grey called their band Uh Huh Her after a PJ Harvey B-side, but the group, which plays 9:30 Club on Wednesday, sounds more like the Eurhythmics. So Christopher Porter asked Uh Huh Her to name its five favorite PJ Harvey tunes. | COMING UP



IDOL CHATTER

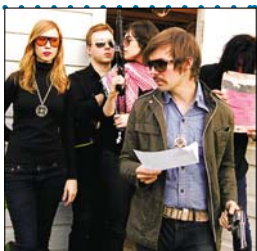
Three's a Crowd

David Archuleta, David Cook and Syesha Mercado have sung their songs, now it's time to hear what the voters think. Before that, though, you've got a chance to give your two cents. Join Express' Greg Barber to talk about last night at 11 a.m. at Readexpress.com/idol | COMING UP

ENTERTAINMENT

Dread Heads

In the past Houston's Indian Jewelry have nailed the Southwest dread vibe dead on, but Tex Kerschen told Aaron Leitko the group's new CD, "Free Gold," is a little more life affirming. Indian Jewelry plays the Red and the Black on Wednesday. | COMING UP



comment board

“The only reason

she would even be considered is so that the persons who voted for her in the primary will support Obama in the general election.”

COMMENTER JONATHAN, WHO ADDED, "IN MY OPINION, EDWARDS WOULD MAKE THE BEST RUNNING MATE FOR OBAMA."

“If Obama

is crazy enough to do that, he needs to hire some royal taste testers too because there is no way she wouldn't be dropping rat poison in his morning latte.”

COMMENTER MATTHEW, WHO ADDED, "THE WHITE HOUSE WOULD BECOME A REALITY VERSION OF 'THE PINK PANTHER.'"



“No one in their right mind should ask her to be their running mate. [You] would have to be looking over your shoulder constantly. It wouldn't be worth it.”

COMMENTER ME, RESPONDING TO TUESDAY'S POLL CENTER QUESTION, "IF HE IS NOMINATED, SHOULD BARACK OBAMA ASK HILLARY CLINTON TO BE HIS RUNNING MATE?"

poll center

YESTERDAY'S RESULTS AS OF 5 P.M.

IF HE IS NOMINATED,
SHOULD BARACK OBAMA
ASK HILLARY CLINTON TO
BE HIS RUNNING MATE?

76%

NO

24%

YES

SEE HOW YOUR METRO STATION VOTED AT READEXPRESS.COM/POLLCENTER.PHP

Blog LOG

“If these high school friends were so important to you, you would have stayed in contact with them in the first place.”

ARJEWTINO.COM DID NOT APPRECIATE GETTING BROWBEATEN BY A FORMER CLASSMATE FOR NOT REMEMBERING RANDOM DETAILS ABOUT THEIR LIFE DURING AN ONLINE REUNION.



“There's a reason it's called the 'honeymoon phase,' people. Looks like Mariah and her boytoy [threw] in a wedding with it, too.”

LADYBRETTG.BLOGSPOT.COM IS STILL SHOCKED BY THE WEDDING OF 38-YEAR OLD SINGER MARIAH CAREY AND 27-YEAR-OLD ACTOR AND RAPPER NICK CANNON



“I REALLY LIKE THE IDEA of fitness magazines. But I also think they can be just as detrimental as their fashion-focused counterparts, and that's because there are so many women who strive to look like fitness models, to the detriment of the actual 'healthy' part.”

ZANDRIA.US WONDERS ABOUT THE EFFECTIVENESS OF MAGAZINES LIKE SHAPE AND WOMEN'S HEALTH.

“NOT ONLY WOULD I kill the chicken with my bare hands to eat my chicken sandwich, but I would kill and eat as many chickens as it took to maintain my chicken intake levels if nobody else would do it for me.”

DCHERO.WORDPRESS.COM ANSWERED A VEGETARIAN GIRL'S QUESTION THE OTHER DAY, ADDING “I HATE BIRDS.”

“AMERICANS ARE finally saying they don't want short-term cheap gas — they want solutions that would take long-term pressure off energy prices.”

THEGREENMILES.BLOGSPOT.COM THINKS THE U.S. HAS REACHED A TURNING POINT IN ITS UNDERSTANDING OF THE FUEL PRICE CRISIS.

Discussions

Gardening Tips

Post Garden editor **ADRIAN HIGGINS** was online Tuesday to talk about the effects of heavy winds and rain on trees and gardens, what to do with a floppy plant and how to take care of seaweed mulch.

We have a 20-foot sycamore in our front yard. It's been in the ground for nearly two years and we took the stakes off last year. But the heavy winds and the water-soaked ground have pushed it to "the east" so it is now about 20 degrees off center. What can we do?

It's still young enough to get it upright, which is important because the lean will only get worse as the tree grows, and as you know, a sycamore will become huge. I would knock in a metal stake about three feet from the trunk and use a guy wire to coax it vertical. Put a section of hosepipe around the wire where it touches the bark, to lessen any girdling.

I planted my garden Sunday morning and the back part of it was underwater for a good part of yesterday (though no standing water now). Anything I can do to ameliorate the damage?
The first thing would be to stay off it, to avoid soil compaction. This

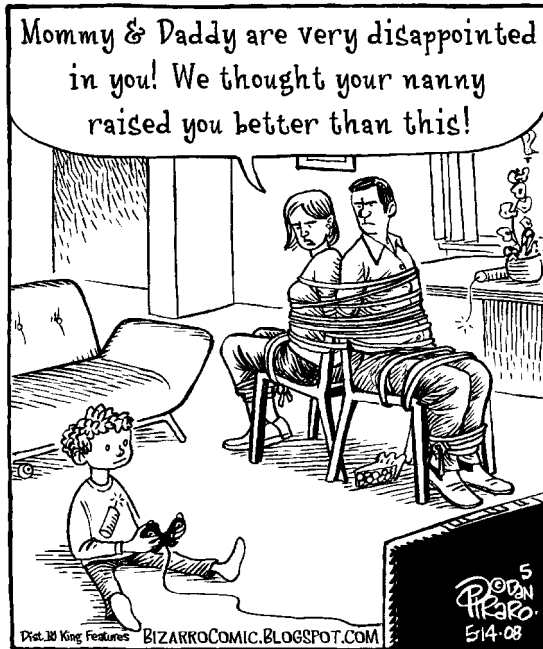
was a lot of rain, so some waterlogging might be expected. If it is still saturated by this weekend, I think you would have to build up the beds more. Both seeds and young plants will rot after a few days in waterlogged conditions.

My back yard backs up to a nature preserve. Is there an easy solution in transitioning from my lawn to the weeds in the nature preserve, such as a natural border of some type?
Absolutely, you could plant a margin of native grasses or sedge.

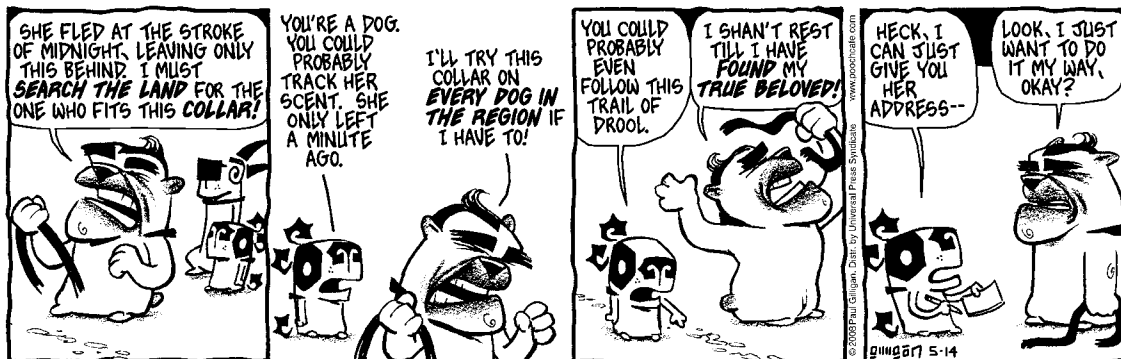
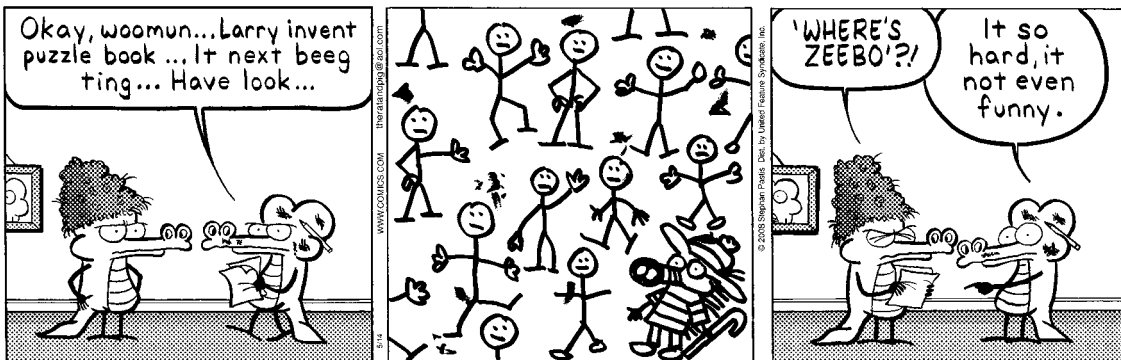
TODAY ON DISCUSSIONS:
Washington Post soccer writer Steven Goff chats about D.C. United and other soccer topics at 1 p.m. | washingtonpost.com/discussions.

DO

GET THE SKINNY ON FINANCIAL AID, VIRGINIA STUDENTS. The State Council of Higher Education for Virginia says the blog vafinancialaid.wordpress.com is an informal forum for students, parents and education officials to ask questions and gather information about financial-aid opportunities.

Bizarro | Dan Piraro

Cornered | Mike Baldwin


"We can't just ignore it. At the very least, let me touch it up in Photoshop."

Pooch Cafe | Paul Gilligan

Pearls Before Swine | Stephan Pastis

The Duplex | Glenn McCoy


Horoscope

By Stella Wilder

TAURUS (April 20-May 20) You may not know quite how to fit into the system — and much depends on your ability to work successfully with those around you.

GEMINI (May 21-June 20) You should be able to find many people who are willing to work closely with you on a pet project — but make it worth their while.

CANCER (June 21-July 22) You'll receive more support from a friend or family member — though there will be a time in which you want to go it alone for a while.

LEO (July 23-Aug. 22) You're in the mood to be in charge, but in charge of what? Use your imagination and work creatively to establish a kind of team.

VIRGO (Aug. 23-Sept. 22) Your impact on someone close to you is likely to be greater than ever today — or tomorrow, at the latest. Temper your behavior at this time.

LIBRA (Sept. 23-Oct. 22) You can enjoy a number of surprises as you reach into your own emotional grab bag and come

out with who knows what?

SCORPIO (Oct. 23-Nov. 21) You may be taking things a little too lightly for your own good. Some developments demand a more serious, practical and realistic approach.

SAGITTARIUS (Nov. 22-Dec. 21) You'll be aware of a new trend that you do not yet know how to control. Try to look ahead and see whether this will prove to be long term.

CAPRICORN (Dec. 22-Jan. 19) You'll be stimulated by those who try to challenge you, and will surely prove a formidable opponent when someone takes you on in any way.

AQUARIUS (Jan. 20-Feb. 18) You've been recycling your most successful efforts lately, and though you've scored some points, you are likely to suffer from boredom very soon.

PISCES (Feb. 19-March 20) Your threshold for annoyance is remarkably high, but someone will be able to drive you over the edge when you least expect it.

ARIES (March 21-April 19) Fail to communicate clearly and you will surely be the cause of a great deal of unrest — either at work or at home.



Frank Sinatra, the leader of the Rat Pack, died in Los Angeles at age 82 in 1998.

Today in History

1607 English colonists go ashore in Virginia to begin building a permanent settlement, named Jamestown.

1643 Louis the XIV becomes king of France at age 4 upon the death of his father, Louis the XIII.

1796 English physician Edward Jenner succeeds in inoculating 8-year-old James Phipps against

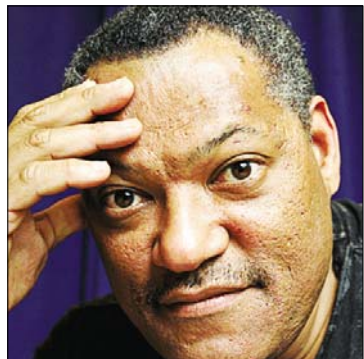
smallpox by using cowpox matter.

1948 According to the common-era calendar, the independent state of Israel is proclaimed in Tel Aviv.

1998 Singer-actor Frank Sinatra dies at age 82.

Correction:

Due to an editing error, an article in Monday's Local section said animals died in a 2006 fire at the National Zoo. No creatures were killed in the blaze.



Fishburne got a Tony nomination.

AWARDS

Fishburne Knows It Doesn't Matter If It's Not an Oscar

The Tony Award nominees, announced Tuesday, included Laurence Fishburne, now playing Supreme Court Justice Thurgood Marshall in "Thurgood." "I am totally, completely shocked and amazed by all of this," he said, adding that "Every night I get to play one of the most compelling and extraordinary men from the 20th century." (AP)



VIGILANTE

Fevered Chase

DREW BARRYMORE was involved in a hit-and-run accident, but instead of staying put, she followed the other driver and took down the license plate number. The 33-year-old actress wasn't injured when her car was rear-ended Monday. (AP)

PARENTING

Sure Signs She'll Be a Good Parent — Or Won't

Pop goddess Madonna won't be attending the adoption hearing that will grant her custody of David Banda, a 2-year-old Malawian boy. Controversy has dogged the adoption, after accusations that Malawi offi-



When she bothers to show, it's like a little prayer.

cials were ignoring laws prohibiting children from being adopted by non-residents.

Madonna's lawyer said she won't be attending, citing "other engagements." He went into no further detail. (EXPRESS)

HOMAGE

Spider-Man, Spider-Man, Does Whatever a Spider Can

A biologist has named a newly discovered trapdoor spider after rock star Neil Young: *Myrmekiaphila neilyoungi*. The musician is "worthy of that honor" because he's been an activist for social and political issues, said East Carolina University biologist Jason Bond. (AP)



Neil Young's representatives had no comment on his newest honor.



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Stamped copy on file with IRB: 26 January 2007

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LOOK out

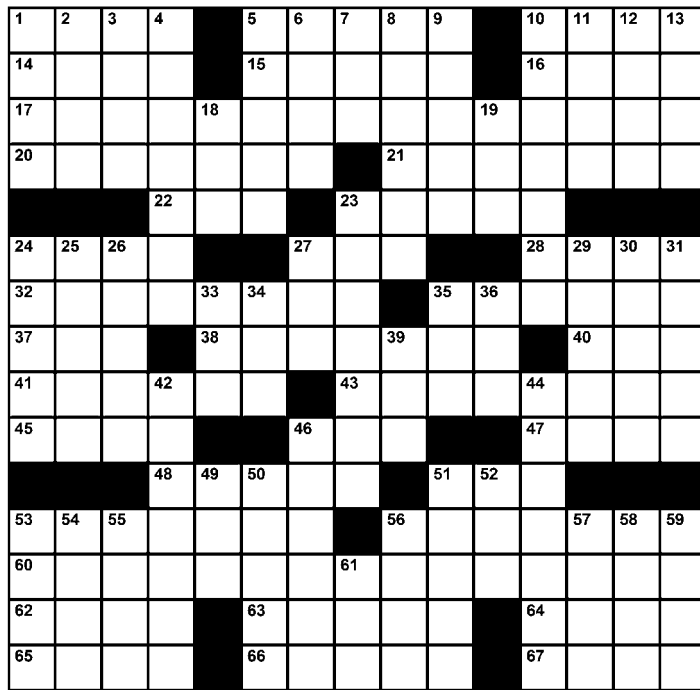
CROSSWORD | ADORABLE

ACROSS

1 Scrap in the 2000 election news
5 Barnyard butters
10 Bay baby
14 Candlelike
15 Acclaim
16 Gathering dust
17 Adore
20 Pizzeria supplies
21 Moon rock pieces?
22 Colo. zone
23 Rubbed the wrong way
24 18-wheeler
27 No matter which
28 Iridescent gem
32 Adore (with 43-Across)
35 Chevy classic
37 Scholarship offering
38 Report from a barrel
40 Put in stitches
41 Fixed part of a motor
43 See 32-Across
45 Interoffice note
46 Wally of "Mister Peepers"
47 Crossword category
48 Gather into folds
51 Sault ____ Marie
53 Racks for a buck
56 Use inelegant language toward
60 Adore
62 Memorable chunks of history
63 Begot

DOWN

1 Hundredweights, briefly
2 "Funny ____ or funny peculiar?"
3 Leaf angle
4 Energetic or high-powered
5 "Capiche?"
6 Phil of folk music
7 Tavern serving
8 Showy and cheap
9 Bird of childbirth
10 Silver screen world
11 Vegas line
12 Sunburn soother
13 Portside
18 Tour de France measurements, briefly
19 Be sorry for
23 Needing serious help
24 Involuntary contraction
25 A-list group
26 Lady of the house
27 Raggedy doll
29 Ravioli or rigatoni
30 They fill perimeters
31 Humble
33 Swelled head
34 " ____ Day Will



EDITED BY TIMOTHY E. PARKER

Come"

35 Cape ____ (cottage style)

36 Supped

39 Witch's spell

42 Like open

44 Blows a gasket

46 Milk protein

49 Novelist Tolstoy

50 Surrealist Max

51 Like blue shoes

52 " ____-la-la"

53 Obi-Wan

portrayer

54 Screenwriter

Ephron

55 Bygone

autocrat

56 Huntley or

Atkins

57 Sicilian volcano

58 Molecular

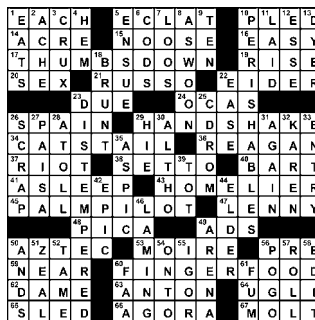
component

59 Light throw

61 Packed-house

letters

Yesterday's Solution



SUDOKU | MEDIUM

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. See www.sudoku.com for solution, tips and computer program.

Need more Su/doku?

Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

Yesterday's Solution

5	7	1	4	3	9	8	2	6
3	2	4	6	8	7	9	5	1
6	9	8	5	2	1	7	3	4
4	8	6	9	7	3	5	1	2
7	3	5	2	1	6	4	9	8
9	1	2	8	4	5	6	7	3
8	6	7	1	5	2	3	4	9
2	4	3	7	9	8	1	6	5
1	5	9	3	6	4	2	8	7

7			1	4				5
		6		8		3		
	1			9			7	
		7				8		
	6		8	4	1		5	
		8				4		
	3			7			6	
		9		1		5		
8			5		2			7

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express

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DC Rape Crisis Center

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Monna and Otto Weinmann Annual Lecture

The Rescue of Children and Youths at Buchenwald

presented by
Kenneth Waltzer

Thursday, May 15 | 7-8:30 p.m.
Helena Rubinstein Auditorium

Kenneth Waltzer is Professor of History at the James Madison College of Michigan State University, East Lansing, and serves as the university's Director of Jewish Studies.

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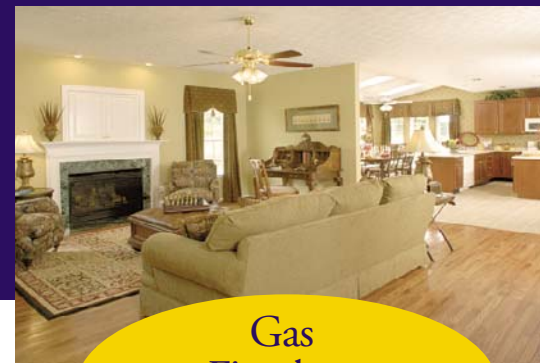
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Getting Ahead

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THE CUBICLE'S NEW CLOTHES: Rules once set in stone about how to dress at work are changing. At XM Radio, DJs Tobi of XMU and Joe Mathieu of POTUS '08 choose duds that reflect their personal style.

Workday as Runway

WHAT YOU WEAR TO THE OFFICE SAYS MORE ABOUT YOU THAN YOU THINK

When Edward Cafiero, 28, gets dressed for work, he often reaches for a suit. "If I put on a suit, that mentally makes me snap into work mode, as opposed to if I'm in more casual clothes," says Cafiero, vice president of The Clinton Group, a D.C.-

CONTINUED ON E2



Party Professional

One woman's career takes her from a cubicle to moonbounces | **E5**



Extra Credited

Summer school gets cool classes on beer, cooking and more | **E8**

►► BY THE NUMBERS

14

THE PERCENTAGE OF AMERICAN WORKERS WHO THINK IT IS ACCEPTABLE FOR A PERSON TO DATE HIS OR HER BOSS. (LAWYERS.COM/GLAMOUR)

Getting Ahead



At XM Radio, work attire runs the gamut from business-casual to rocker-dude.

Clothes Calls

CONTINUED FROM E1

based political communications company. "There's some degree of taking the time to at least put on nicer clothes that gets me motivated: 'OK, I'm ready to go now, I'm working now.'"

While business casual is appropriate at Cafiero's office, he'd rather be overdressed than underdressed in case an unexpected meeting arises with clients, who can range from Capitol Hill lawmakers to major trade associations. "I have a tendency, if I don't know what I'll be doing during the day, to wear a suit," he says. "Maybe I won't wear a tie, but I'll bring a tie. That way, if I'm meeting with someone more formal, I'm ready for that. And because I'm younger, I tend to dress up more so people take me seriously and so they don't think I'm the intern."

When Rachel Rosenthal, 30,

worked on Capitol Hill, she also wore a suit every day. Her wardrobe relaxed a little when she went to work at a D.C. law and lobbying firm, where business casual attire was acceptable. Now, as founder and president of Rosey's, a D.C.-area personal shopping and organization service, she might wear anything from dress slacks and a sweater when first meeting with clients to yoga pants and a hoodie when organizing someone's basement.

But even when she's about to get down and dirty with the detritus of a client's life, she still puts thought into her appearance. "My first impression counts," she says. "It's a professional business, and I want to look as professional as I can. A lot of people say appearance shouldn't count, it should be work performance [that matters]. In the end, life should be like that, but it's not. Appearance does mat-



Billy Zero, program director for indie-rock channel XMU, sports an eye-catching look typical of workplaces like XM.

ter with careers."

But figuring out how to dress for success can be difficult these days, with so many companies moving away from one-size-fits-all rules. "Most companies have loosened up on dress codes quite a bit," says Deborah Keary, HR director for the Alexandria-based Society for Human Resource Management. "Society seems to be becoming a lot less formal than it used to be. ... In dress codes 20 years ago, you'd see that women were expected to wear dresses or skirts, with hose

and heeled shoes specified. Women would just laugh at such a directive today."

Thank the tech companies that thrived during the heady dot-com days for helping to usher in that more relaxed vibe. Execs in cargo shorts and polo shirts, not power suits, oversaw companies that garnered lots of buzz and huge IPOs.

So, if it worked for them, why can't it work for everyone? Because, it turns out that in the workplace, clothes can help make the man (or woman). "I've been brought in a

number of times by companies that feel they've gone too far on the informal side of the scale and are now trying to make the point that people treat each other differently when dressed a little more formally," says Nancy R. Mitchell, owner of D.C.-based The Etiquette Advocate, which provides etiquette and protocol training. "When I ask about dress-down Fridays, some companies are indicating that they're swinging away from that now. People are too laid-back and relaxed when coming to work that

way. It's almost like they don't take work as seriously that day."

"With work, it's a lot like dating," says Rachel C. Weingarten, author of "Career and Corporate Cool." "You meet someone, you size them up, and you're either disappointed or impressed. When you're presenting yourself in a businesslike way, people take one look at you and get the impression, 'Wow, he's capable,' as opposed to, 'Wow, he hasn't done laundry since October.'"

The trick is to take a number of factors into account when perusing your closet in the morning. You need to be aware of any fashion no-no's at your office and to think about what you'll be doing that day, with whom you might be meeting, and what you'd like your appearance to say about you.

"I used to wear form-fitting turtlenecks and gray wool Brooks Brothers trousers; I thought that was a classic D.C. look," says Raea Jean Leinster, 38, president of Leaning Star Communications, an Arlington-based marketing compa-

ny. "Now I wear solid, black, wide-legged trousers with colored high-heel boots. I don't do a very good job of selling myself if I don't look the part of a cutting-edge marketing professional."

At XM Satellite Radio's D.C. headquarters, there isn't an official dress code, and the more than 500 people who work there choose attire based on their roles in the company. Company executives and attorneys might go the suit-and-tie route, but those who work on XM's 170 radio channels tend to put their own spin on the idea of workplace garb.

"When you walk the halls of XM, you see a little bit of everything," says David Butler, XM's senior director of corporate affairs. "Country music disc jockeys in Western wear, rock aficionados in concert tees, sports-casters in [team] jerseys — it's a good reflection of the variety and diversity of XM. There's a very creative vibe here, and I think that's reflected in the way people present themselves."

At Alexandria-based RedPeg

“I may not dress like I’m walking into a boardroom, but I do like to look like I’m successful and very put together.”

RACHEL C. WEINGARTEN, STYLE EXPERT

Marketing, employee individuality is also encouraged. "We're a creative company, not a dentist or law firm," says President/CEO Brad Nierenberg. "We want some spice, some flair, uniqueness. When we're trying to share with clients our creative ideas, if we're all dressed alike in the same uniform, it's tough to present that [creativity]."

But for those who work somewhere more buttoned-up than XM or RedPeg, but not as buttoned-up as a law or financial services firm, where suits are still the norm, choosing what to wear

can be something of a challenge. A vague policy of "business casual" or "professional attire" can be hard to interpret, especially for those more likely to pick up the Economist than Vogue.

That's one reason D.C.-area workers are turning to professional shoppers and fashion consultants for help. Celebs have been using stylists for years to help them with their red carpet looks. (Jennifer Garner gave a shout-out to her stylist, Rachel Zoe, at this year's Oscars.) And now regular working stiffs are getting some assistance with selecting the right suit or shoes for that important presentation or job interview.

"I'm seeing people choose to get dressed up," says local fashion consultant Pamela Burns. "People are finding out the only way to get ahead is to dress for the next job."

"I'm looking for upward mobility within my organization, so impressions are everything," says Linda Diamond, 37, a major accounts sales executive for ADP in Rockville and

a client of Burns. "I'm also one of the few females in my position and one of the younger folks in my position, so looking the part is important. If I don't come across as looking professional, I'm not going to get the respect I need and deserve."

Leinster enlisted the services of Tu-Anh — a local designer and consultant on style, beauty and image — to help her polish her work look, and as a result she ditched the turtlenecks and gray pants, and learned how accessories like red boots can add impact to the solid-colored tops and slacks she favors. "I think the No. 1 reason why people don't look as good as they can is they don't have the awareness factor of how to properly assemble themselves," Leinster says. "I don't think people pay attention to it, and the most difficult thing is to admit that you need help."

Younger workers especially tend to need guidance on workplace fashion, as their inexperience can lead them to wear get-ups better suit-

CONTINUED ON E4

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Getting Ahead



Communications pro Edward Cafiero opts for more-formal clothes at work.

Suits Me Fine

CONTINUED FROM E3

ed for a nightclub or college dorm room. "Many places today are a bit too laid-back with dress codes and want their employees to be comfortable so they can be more productive," says Tu-Anh. "[But] if the employer is not specific about it, then it gives the employees more flexibility to experiment and they get confused about what is acceptable and what is not. So, it's best if the employer is clear about it."

While it's important for employees to follow any company rules about dress and to take cues from co-workers and others in their industry, that doesn't mean they need to make like a Stepford wife and completely mimic other peoples' looks. There is still room for individuality.

"I very much want to convey that I have a strong personality and style," says Weingarten, who wears jackets with interesting details or a fabulous pair of earrings to add a personal stamp to her outfits. "It may not be a traditional style, I may not dress like I'm walking into a boardroom, but I do like to

**There are
some things
that should
never be worn
to the office.**

look like I'm very successful and very put together."

But there are definitely some things that should never be worn to the office, even if there isn't a strict dress code. Think flip-flops, spandex, short skirts, low-cut tops, sweats and message tees.

"You never want to be the lowest common denominator ... because people treat you differently," says Mitchell. "It's amazing what power your attire and your look have."

"It's never appropriate to wear anything very suggestive to work, unless you're a stripper," says Weingarten. "I think a really good rule of thumb is if you ran into your mom and she gave you a look, you probably should never wear it to the office. If you're leaving your apartment and you glance in the mirror that third time, you know it's time to change." BETH LUBERECKI



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That was Dee Moore's approach

after completing a major in family studies and a minor in women's studies at the University of Maryland. Like many graduates, she was less sure about what to do than about her interests: organizing, facilitating, working for children (but not teaching).

That meant a brief stint — during and after college — as a nonprofit assistant, finding grants for chil-

CONTINUED ON E6



Dee Moore looked for a "fun" job after working at a nonprofit and at a charter school. She found her calling in event planning.

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Right: Student installing Annie Leibovitz's *A Photographer's Life 1990-2005*, photo by Susan Sterner.

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Getting Ahead



Dee Moore plans events — which can take months — and also helps out at them.

Party Easy

CONTINUED FROM E5

dren's leadership and team-building projects. Then she moved to the foundation of a D.C. charter school, working to get it accredited — “a powerful experience” but not fulfilling.

“Being so close to D.C., it's easy to do public policy,” Moore says. She noticed a pattern, though: She liked being the coordinator, “the person to go to,” more than the subject matter — and hated being stuck in an office.

A Web search turned up Stratford University's event-management certificate program. Moore called director Alice Conway about her problem — she couldn't quit work to take a risk on school, but this program might be the right path to a new career. Conway invited her to try a class; if Moore didn't like it, she didn't have to pay.

Why not? Most Stratford classes are held on or near the weekend, so Moore signed up for Event Coordination and Operations. She liked it and kept taking classes.

“It's very common to go to school here while working,” says Conway. She cites Stratford's flexibility not just in class times but in outcomes: People come for a degree, a certificate or noncredit continuing edu-

cation. “Many event planners take the certificate just to validate what they're already doing,” she says, “to have something official.”

Anyone who knows Washington knows that networking is key to advancement. Moore stayed in close contact with Conway, soon noting that she was looking for a new job — and not in policy. Conway referred her to a woman whose company did something in between: planning political events.

“It's what I wanted to be doing,” Moore says, but the political angle didn't hold her interest. She moved again, with Conway's help, to an event-production company, working with sets and lights. “Very cool,” Moore calls it, “but I wasn't creative enough.”

Meanwhile, she was making her way through Stratford's other core courses: event administration (organizing and managing people), marketing (promoting a product or business) and risk management (safety, finances and insurance).

Most event-certificate courses are offered in Falls Church (703-734-5329; Stratford.edu/?page=eventmgmt) and cost less than \$500. Eighty percent of students are female, Conway says; the certificate can be finished in five semesters, but many students, especially those who work, take longer.

**Change
Artists**

Getting Ahead



Dee Moore counts tickets at an outdoor carnival planned by Talk of the Town.

Stratford allows two years to finish the required 200 hours of practical experience, which can be volunteer work or paid internships but not part of one's regular job.

Both school staff and the outside experience help students launch a new career. Membership in the International Special Events Society — encouraged for students — is another networking tool. Stratford alumni have ended up in government protocol, catering, convention services and corporate event management; many run their own businesses. Salaries range from \$35,000 to "the sky's the limit," Conway says.

Moore joined ISES, completed her 200 hours at weddings, bar and bat mitzvahs, and charity galas, and took electives such as entertainment and contracts. In

her final year, she was ready for a new challenge — and Conway heard from Talk of the Town, a Rockville events/rental company that needed a salesperson. Conway again made the connection; Moore, now 25, started there last spring.

Talk of the Town handles company picnics and school fairs, city days and prom parties, anniversaries and religious celebrations. Employees work at least one Saturday per month. April through October is the busiest time of year, with lots of moon bounces, obstacle courses and flavored-ice machines; winter brings casino parties and indoor galas. Moore works with clients on details from themes to sound systems to safety inspections.

"The company is growing, and I am, too," Moore says. "I have a plan

now rather than hopping around." She wants to add full event planning — including doing guest lists, invitations and catering — to Talk of the Town's services, and its owners are open to that.

Meanwhile, she's called on to plan relatives' parties for free — even several states away. One result: On her birthday last month, "I went to a movie and crashed.

"People don't realize it takes months and months to plan an event that lasts five hours," Moore says. It can take time to plan an event career as well. Moore hopes to earn ISES certification and own her own company someday. For now, she's happy using her skills to make clients happy.

"Not everything in life has to be about paying bills," she says. "Let's have fun." ELLEN RYAN

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PLASTIC FANTASTIC: Learn to take photos with a Holga, a plastic toy camera prized for its unpredictability. The class cost includes a camera and two rolls of film. June 25-Aug. 13, Wed. 7-9:30 p.m.; \$250; The Art League (in the Torpedo Factory), 105 North Union Street, Alexandria, Va.; Theartleague.org.

DANIELLE PARNASS (EXPRESS)

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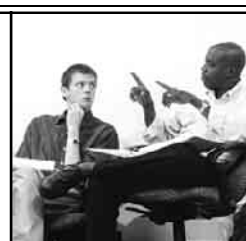
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Getting Ahead

Dream Building

Ex-military workers find their next step in construction trades

It's 6 a.m. and Theresa Shackelford has shown up at the job site, a half-finished office building in Reston. She's here to help the head mechanic replace the brake on one of the elevator motors. The project will take almost five hours, and then it's on to the next job.

After six years in the Army, Shackelford, 35, is finishing the first year of an apprenticeship with the International Union of Elevator Constructors. It's a rigorous education, often tiring and sometimes humbling, but Shackelford loves the work. "It's physically challenging, but it's also intellectually challenging."

Shackelford got the apprenticeship through Helmets to Hardhats, a nonprofit that transitions exiting service members to construction trades. It's a natural fit, proponents say, because success in both fields involves following orders, good learning skills and self-discipline. Shackelford's boss, Michael Wilton, says he sees an enormous difference between his workers with military backgrounds and "kids just out of high school who ... are still out partying. They come in hungover all the time, if they show up at all." Not so with Shackelford, who hasn't missed a day.

Last year, more than 18,000 current or former service members registered online with Helmets. At least 1,550 have ended up in construction apprenticeships, which range from two to five years and include trades such as bricklaying, plumbing and carpentry. The organization has 13 regional representatives, who contact job seekers and guide them through the application process.

The rep who got in touch with Shackelford was Richie Eckler, a Vietnam veteran who has spent 36 years in the elevator trade. Eckler says he talks to 10 to 15 candidates every day. Some call from several times zones away in Afghanistan or Iraq. "They call me at 3 in the morning," he laughs. "They just don't understand."



Helmets to Hardhats places veterans like Theresa Shackelford in apprenticeships.

“We always save some slots for Helmets to Hardhats guys. We love them all.”

RON O'BIER, TRAINING DIRECTOR

But veterans deserve this attention, Eckler says, adding that he would have appreciated such career guidance 40 years ago. "When I got out of the service in 1969, they just said, 'Eckler, you gonna re-up?' There was no transitional assistance."

Shackelford was an Army sergeant who was on her way out after a long stint in Washington. She discovered Helmets to Hardhats, posted a profile, noting an interest in elevator mechanics, and heard from Eckler almost immediately. Within a week, she had an interview with the coordinator of the program.

Shackelford's starting pay is \$20 per hour, which is nice, if not quite as much as the \$45,000 or so per year she was making when she left the Army. But her income will increase until she becomes a journeywoman in September 2011, when she'll earn about \$54 per hour, or at least \$100,000 per year.

Former Marine Lance Cpl. Stephen Collins, 24, started an apprenticeship last summer at the Steamfitters Local 602 Mechanical Trade School in Landover. Applying through Helmets allowed Collins to bypass much of the application process.

Collins acknowledges that if it weren't for Helmets, "I wouldn't have gotten in yet. They get a lot of people that apply for that job."

This past January, the Steamfitters' apprenticeship program drew 880 applicants for about 150 positions. "We always save some slots for Helmets to Hardhats guys," says Ron O'Bier, the program's training director. "We love them all." CHRISTINA IANZITO

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Getting Ahead

Thinking Game

Detest your job? A new book tells how a spiritual search can help

A guidance counselor for our time, author/therapist/ex-monk Thomas Moore's new book advocates that old cliché — follow your heart — when it comes to career satisfaction. "A Life at Work" (\$24.95, Broadway) uses personal anecdotes, alchemical theory and feel-good messages to emphasize what



COURTESY OF JOAN HANLEY

Thomas Moore's new book tells readers how to deeply ponder their career paths.

we all learned in high school but have all forgotten: If you're not true to yourself at work, just as in any area of life, you'll be unhappy.

Yeah, he veers into Jack Handey-like pop-psychology and vague ideas sometimes, meaning this isn't a self-help book or "Five Easy Ways to Improve Your Job." But for a quiet, understated way to get inspiration to face the next Monday, it works. RACHEL KAUFMAN

What mistakes do we make when thinking about our jobs?

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THOMAS MOORE

AUTHOR OF #1 NEW YORK TIMES BESTSELLER
CARE OF THE SOUL

A LIFE at WORK

THE JOY OF DISCOVERING
WHAT YOU WERE BORN TO DO

life, raising children, having a partner, and that's a mistake. If we could see connections between these and other parts of life, like traveling or volunteering ... all of it's a life work.

If everyone followed your principles, would we still have janitors and receptionists?

I would certainly hope we would. These are not bad jobs, really. I think a lot of people, at times, would love to have a job where they don't have to get an education, where they can just show up and leave at the end of the day.

Why do you think so many people now get trapped in jobs that they hate?

Most of us probably just look for a job that's going to give us a decent paycheck. I don't think people generally think about their jobs as having to do with the meaning of their lives, so they end up doing work that is not in tune with themselves. They may get away with it for a few years, but then it begins to gnaw at them.

How can you convince family and friends that you aren't crazy when you give up a "good" job for something less conventional?

When you're living your own life, other people are going to be shocked and disturbed. They're, in a hidden way, jealous. But we can help people. Language is very powerful. We can tell people, very simply, "I'm willing to take this chance."

How can you know when you're making the right choice?

You can't. There's more certainty when everyone is telling you you're doing the right thing, or when you are making a lot of money. Allow yourself time to experiment, to fail. You don't find your life work overnight, and you have to forgive yourself for failures along the way.

So, if you love your job, is going to work every day a blast?

It's important to love what you're doing, but that doesn't mean you enjoy every minute of it. Some people love what they're doing because of what it contributes to the world. They can put up with drudgery if

they're making a difference. I've been visiting nurses, and they are telling me very intensely that they love their work because they're giving something to people around them. Yet you can't say, "I really love working with bedpans."

Do you think people who aren't spiritual can relate to this book?

There are obstacles in the way to getting to know what spirituality is about. It's usually presented so horribly. It's presented in church, where there are so many rules and condemnations. Or they get it from people who are simplistic and naive, in a New Age-y fashion. It's a wonder that anyone is drawn to it at all. Get some classic spiritual

writing, like the Tao Te Ching. It's a spiritual point of view, but there's nothing to believe in. I think belief is way overdone.

What keeps people from changing jobs?

One obstacle is that people are invested in a particular career or position. They've put a lot of time into it, and they feel stuck in it. It's very hard to go and start from the beginning somewhere. A lot of people who had high-paying jobs in the computer industry, it was not what they wanted to do their entire lives, so they just quit. Those people did feel a little inferior about it. "I can no longer tell people I have this great job, but on the other hand,

I'm doing what I want to do." That sustains them.

What could I do today to start change?

Find a friend and talk to them about your work, what you feel called to do in life, whether you're actually doing it or not. If you talk about that today, that would be a big step forward. Sometimes you take [conversation] for granted.

And you write that a life work is always evolving.

It never ends. My father is 95. He thought his life was pretty well set when he retired at 60. At 95, he's still having an interesting life [beginning piano lessons and more].

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ARTS & ENTERTAINMENT

When summer comes, it's very possible that you'll just want to stay glued to the air vent in your apartment all day. Sure, you probably get up to go to work, but you don't want to actually do anything. But hear the Klaxon sound! Arise and go forth and experience everything D.C. has to offer, or you might as well live in Idaho, where you certainly wouldn't be paying \$1,500 per month for that studio in Petworth with a homeless person playing the trumpet really loud outside your room every night. To make it even easier, we've collected 50 of the best events and activities happening in D.C. this summer. You're welcome.



1 Opposites Attract

What do Led Zeppelin frontman **ROBERT PLANT** and bluegrass queen **ALISON KRAUSS** have in common? Their love of shellfish, perhaps? Just joking — we have no idea, except for their musical collaboration, "Raising Sand." Released last October, the album showcases both performers' masterful vocal abilities and draws on their differing backgrounds to create something new, polished and darn pleasant to listen to. And now they're on tour together. Whether you're a Zeppelin fanatic or play the "O Brother, Where Art Thou?" soundtrack obsessively, you can check out your idol at Merriweather Post. ■ Merriweather Post Pavilion, 10475 Little Patuxent Parkway, Columbia, Md.; June 13, 8 p.m., \$40-\$225; 410-715-5550.



2

Eat and Be Merry

Send the summer out in Cambodian style by attending Alexandria's **CAMBODIAN COMMUNITY DAY FESTIVAL**. For those who know very little about this country, we suppose we can help: It's in Southeast Asia, it shares a border with Vietnam, and there is a sizable Cambodian community in Northern Virginia. They invite you to come out for a day of food, cultural dance, instrumentalists and other performing arts groups. And to reiterate: There's food. Oh, and there's no entrance charge. And you can eat really, really good food. ■ Ben Brenman Park, Alexandria; Aug. 24, 10 a.m., free; 703-883-4686.

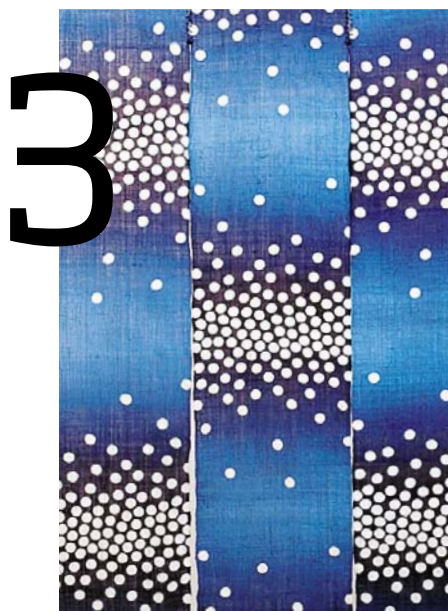


The Meat Market

Maybe you're a backyard grill fiend, or maybe you just got cut off by someone with vegetarian bumper stickers and want to get back at him or her in some small way. Whatever the case, the **NATIONAL CAPITAL BARBECUE BATTLE** is the place to be if you want to grill and/or eat meat. A variety of contests (with cash prizes) will take place over two days, or you can just go visit and indulge in food samples and tasty, tasty barbecue. This is one festival where D.C. reminds everyone just how Southern it can be. ■ Pennsylvania Avenue NW between 9th and 14th streets., June 21-22; \$5-\$10, 202-828-3099. (Federal Triangle)

GET UP IN YER GRILL

Don't feel like burning your 'brows when firing up your Coleman? Perhaps a brush-up course on summer grilling is in order: L' Academie de Cuisine (5021 Wilson Lane, Bethesda, 301-986-9490) serves up Summer Dinner on the Grill (July 25, \$75) featuring New York strip steak with salsa verde. Add a surf to your turf by stopping in at Sur La Table (1101 S. Joyce St.; Arlington, 703-414-3580) for seafood grilling basics (June 18, \$69). Want a quick refresher without dropping a dime? Stop by your local Williams-Sonoma (times vary, Williams-sonoma.com). The culinary store offers three free demos ranging from basics (May 18) to burgers (June 1) and summer sides (June 8).



3

Neighborhood Watch

You know Dupont Circle is a neighborhood with a lot of culture. In fact, you feel guilty that when you visit, you skip the art galleries. Somehow, you were always able to drown your guilt in an empanada from Julia's. But now you can assuage it once and for all — and for free! During the **DUPONT-KALORAMA MUSEUM WALK**, eight museums in the neighborhood will open for free. There also will be various activities to keep you entertained, including a scavenger hunt and a sheep shearing. ■ Various Dupont locations, June 7 (10 a.m.-4 p.m.), June 8 (1 p.m. to 5 p.m.), free; 202-667-0441 x35. (Dupont Circle)

5



Guilty Pleasure

"You can dance, you can jive, having the time of your ..." Oh, hello. We didn't know anyone was listening. We would be embarrassed, except more people sing "Dancing Queen" when they think they're alone than one might expect. Something else people might not expect: **ABBA** is on tour. So, all you Dancing Queens and Kings, here's a suggestion: For Mama Mia's sake, stop repressing that love, show up at the 9:30 Club and let loose with the help of the only Swedish pop group that ever made an impression on the music world. ■ The 9:30 Club, 815 V St. NW; June 18 & 19, 9:30 p.m., \$40; 202-265-0930. (U St.-Cardozo)

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Shred the News

THE U.S. AIR GUITAR CHAMPIONSHIPS is without a doubt the coolest thing that has ever happened. If you're not clear on the concept, air guitar is what you do when you're making hot dogs on the George Foreman and "Iron Man" by Black Sabbath comes on the stereo. You drop what you're doing and rock the heck out, strumming an imaginary guitar for all you're worth and forgetting about your hot dogs entirely, which is how you started that fire. Anyway, this is like that, but onstage, and there will be 500 people. The winner will go on to the National Air Guitar Championship in San Francisco. **ROCK!**

■ 9:30 Club, 815 V St. NW; June 4, \$15; 202-265-0930. (U St.-Cardozo)



Now That's Patriotism

Three words: Free birthday cake. Nothing is sweeter, and it abounds at the **INDEPENDENCE DAY CELEBRATION** at Mount Vernon, George Washington's

6 homestead. Take the kids, tour the house, see our first president's false teeth. You'll feel good for participating in history, and you'll feel very good about the three pieces of birthday cake you're going to eat. ■ Mount Vernon, George Washington Parkway, Mount Vernon; free-\$13; 703-780-2000.

8



Art of Gold

The American media have perpetuated the image of Afghanistan as a desert wasteland and the likely home of Osama bin Laden. But, in fact, the country is rich in culture and tradition. To prove it, the National Gallery of Art is hosting an exhibit titled "**HIDDEN TREASURES FROM THE NATIONAL MUSEUM, KABUL.**" The exhibit features 228 uber-ancient pieces, which range from Mesopotamian gold bowls to Greek bronze sculpture, highlighting Afghanistan as the ancient hub of the Silk Road. ■ The National Gallery of Art, 600 Constitution Ave. NW; through Sept. 7; 202-737-4215. (Smithsonian)



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9

Get Cultured

This D.C. staple has been happening since the '60s, and this year — its 42nd — the **FOLKLIFE FESTIVAL** on the National Mall promises to be just as educational, entertaining and free as ever. Over the course of two weeks, cooking, crafts, artistry and live performances are yours for the partaking. This year, the festival will focus on the isolated, agrarian nation of Bhutan. It will also feature the food and wine of Texas, and showcase the role NASA has played in broadening American science. ■ The National Mall, between 7th and 14th streets NW; June 25-29 and July 2-6; Folklife.si.edu/festival/2008/. (Smithsonian)



Fried Fun

One trip to any **RENAISSANCE FESTIVAL** will teach you ... well, almost nothing about the Renaissance.

But what a tutorial in delicious fried foods! There's the standard frying of potatoes, funnel cakes and chicken, of course, but you can't stop until you've tried the fried cheese squares and fried pickles and gnawed on a giant turkey leg. Of course, there also are games for the kiddies (and big kiddies), there's a joust, a sword swallower, stage shows and an awkward amount of modern-day bosom stuffed into 16th-century corsets. ■ Festival Grounds, Crownsville Road (outside Annapolis); Aug. 23-Sept. 28, children \$8, adults \$18; 800-296-7304, Rennfest.com

10



11

007 in '08

You know what's more exciting than the James Bond theme music? NOTHING. And you can hear it twice per week the entire summer, as the **JAMES BOND FILMFEST** shows 007 films every week in Virginia and the District. Drive your invisible car, bring your special ninja throwing hat and relax with some popcorn and good, old-fashioned, misogynistic fun with everyone's favorite killer M16 operative. ■ New York & Florida avenues NE; Thursdays May 8-Aug. 28, free; 202-289-0111. (New York Avenue); Gateway Park, 1300 Lee Highway, Arlington; Fridays, May 2-Aug. 22, free; 703-522-6638. (Rosslyn)



Shake That Thing

If you've got the moves, this is the weekend to show them off. If not, this is the weekend to watch and learn from those who do. The 16th Annual **D.C. CARIBBEAN CARNIVAL** will take place the weekend of June 28, with a Carnival Parade on Saturday along Georgia Avenue. Sunday will bring concerts and family day. ■ June 28 and 29, various locations, 202-726-2204, dcccarribeancarnival.org.

12



Butterflies in the Sky

One of Montgomery County's most exceptional assets is Brookside Gardens, a sprawling, beautiful expanse tucked away in Wheaton. Truly, city-dwellers: An afternoon at this place is an escape from the noise and smog you're looking for. Summertime is particularly enjoyable at the gardens because of "**WINGS OF FANCY**," an exhibit of butterflies. For a small price, you and your significant other or the kids can wander through a conservatory populated by Asian, Costa Rican and North American butterflies. How's that for some whimsical, wholesome fun? ■ Brookside Gardens South Conservatory, 1500 Glenallen Ave., Wheaton; through Sept. 21, children \$4, adults \$5; 301-962-1453.

13

This Is Real Life 14

Yes, there are a million movies you want to see this summer. But why not try a movie about which you have no expectations — something you've never heard of, even? The **SILVERDOCS** film festival is a jubilee of documentary. This year's festival honors Spike Lee, so you might catch a glimpse of him as he accepts his award. Not quite as exciting as the pope, but you missed the boat on that one.

■ AFI Silver Theatre 8633 Colesville Road, Silver Spring; June 16-23; 301-495-6720. For schedule and ticket prices, check back at Silverdocs.com/. (Silver Spring)

15

Thrift, Thrift, Horatio

A city isn't a real city until it has Shakespeare in the Park. Roads, a subway system, slums and Whole Foods are all very well and good, but free Shakespeare is a must. And D.C. has it! The Shakespeare Theater's 2007 production of **HAMLET** will be reprised this summer in Rock Creek Park for all the world to see. Take the kids; expose them to culture. They're certainly better off with Hamlet — the original suicidal depressive though he may be — than with Jamie Lynn Spears. There are concession stands, so come early and chow down before settling into your seat. ■ Carter Barron Amphitheatre, Rock Creek Park, 3545 Williamsburg Lane, NW; May 22-June 1 (no performance Monday), free; 202-895-6000





Like Faust, But Not

Hold onto your hats (but not your preconceived notions of opera) for **JERRY SPRINGER: THE OPERA**.

This homage to daytime television follows Jerry from the madness of his real-life show to his time in the afterlife, where Jerry is forced to present his show in hell as Satan's own personal form of therapy – he still hasn't gotten over being tossed out of paradise, after all. Studio Theater 2ndStage is notorious for putting its audience through weird (but often exhilarating) evenings of theater, and this will likely be no exception. Be warned, though: This opera has the unusual advantage of being in English and contains a wealth of profanity. Don't bring children or anyone who shouldn't be watching the real "Jerry Springer" show

■ Studio Theatre, 1501 14th St. NW; July 16-Aug. 10; \$35-\$39; 202-332-3300. (Dupont Circle)



16

Laurel, Hardy and Keaton

Early film comics didn't need words. They had funny faces. And you can see a pantheon of these comic giants at **SLAPSTICON**, the Rosslyn film festival celebrating comic movies from the silent era and very early years of sound. You might recognize a few names, but mostly this will all be new to you. Or if not, seeing someone fall down a flight of stairs with a piano in hot pursuit never really gets old. ■ Rosslyn Spectrum Theatre, 1611 North Kent St., Arlington; July 17-20, \$100 for all four days or \$30 per day; 703-228-1841. (Rosslyn)



Baby Vroomer

It's not exactly safe to be around an underage driver. So, how about being around more than 50 of them? In cars they assembled themselves? On Constitution Avenue? It's not as scary as you might think. In fact, a better word would be "awesome." It's the **GREATER WASHINGTON SOAP BOX DERBY**, in which kids from 8 to 17 years old will race down the road as their white-knuckled parents stand by. ■ 101 Constitution Ave. NW; June 22; 410-266-7364. (Union Station)

One Love

The 33rd annual Capital Pride week, June 6-15, celebrates the thriving GLBT communities in our area. The weekend of the June 14-15 is when good times truly get under way. On Saturday, the Capital Pride Parade runs from 6 p.m. to 8:30 p.m., starting at 23rd and P streets. Watch a colorful crowd take over one of D.C.'s liveliest neighborhoods. On Sunday, the Street Festival runs from 11 a.m. to 6 p.m. on Pennsylvania Avenue between 3rd and 7th streets. Expect food, music, cowboys in revealing chaps and a chance to celebrate diversity. ■ June 6-15, various locations; Capitalpride.org.



Night of a Thousand Stars

The film schedule hasn't been announced yet, but you never go for the movies. You go because it's a summer night, and you want to picnic with your friends on the Mall while some classic, wonderful movie plays across the big screen in the background. And you really want to say (casually) at work

the next day "Oh, yes, I went to **SCREEN ON THE GREEN**. It was unforgettable." OK, so you're probably not that much of a tool. But it's one of the classic, unmissable D.C. experiences that all too many residents never get around to. ■ National Mall; Monday night at sunset July 14-Aug. 11, free. (Smithsonian)



21

Better Than Indie

We know, we know. **DEATH CAB FOR CUTIE** looks like one of those boy bands that have hijacked the indie genre with a generic, uninspired sound. But there is true depth to this band — partially in lead singer Ben Gibbard's voice (which is mellow and pleasant), but also in the music's instrumental complexity and lyrics. There was something slightly sad and gently romantic about Death Cab's 2004 album "Plans." Merriweather Post might just be the perfect venue for such a band — massive arenas don't do it justice. ■ Merriweather Post Pavilion, 10475 Little Patuxent Parkway, Columbia, Md.; June 9, 7:30 p.m., \$25-\$40; 410-715-5550.

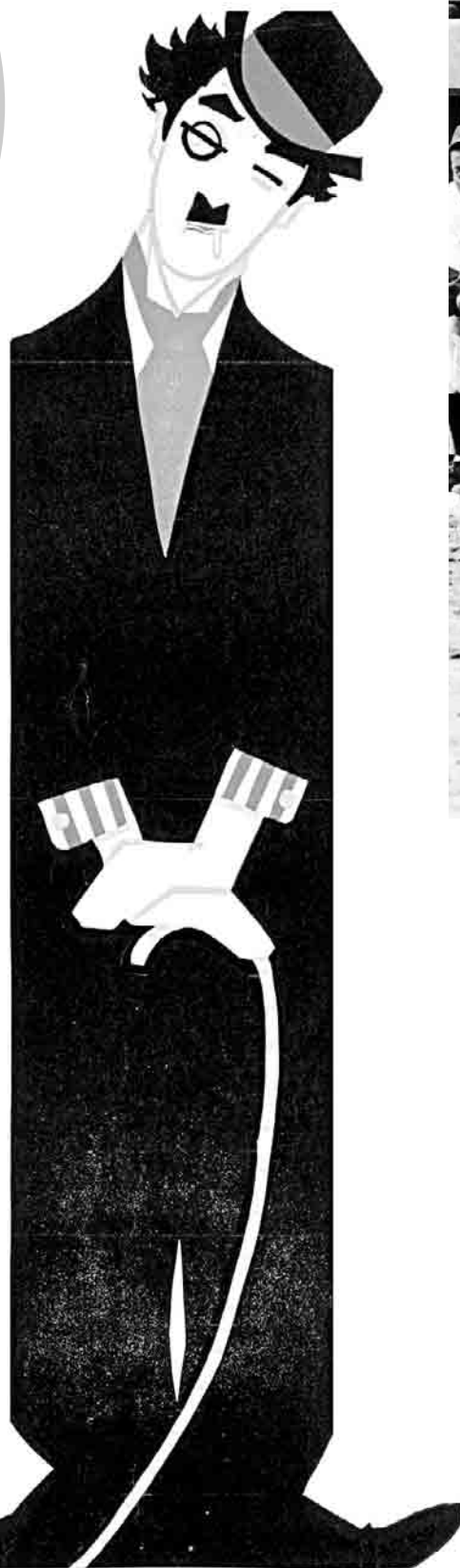
22

Grand Reopening



THE SOURCE THEATRE closed in 2006 and is only now returning to life, with an epic festival of 10-minute plays directed by theater luminaries from across the city. These shows, penned by the best and brightest of D.C.'s playwrights, are sure to entertain, enlighten — all that good stuff theater is supposed to do. And if you turn out not to like one for some reason — well, at least it'll be over fast.

■ Source Theatre, 1835 14th St. NW; June 21-July 13; 202-315-1305. (U St.-Cardozo)

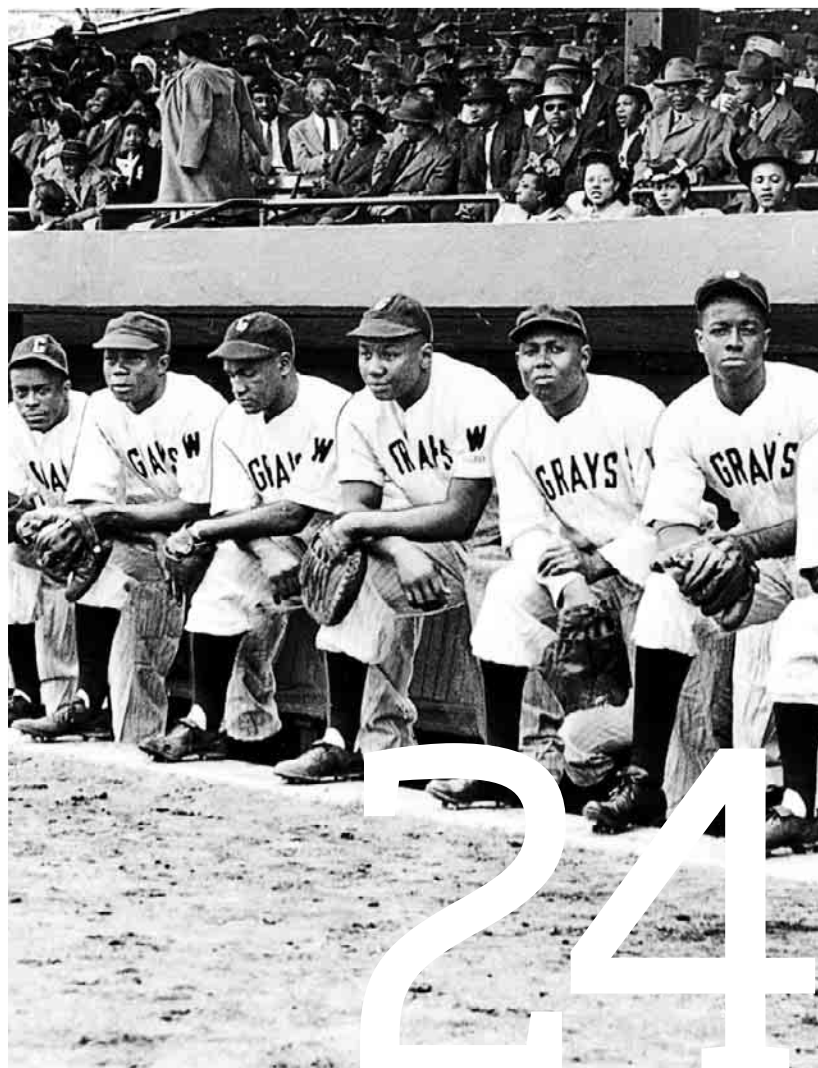


Art in Advertising

This summer, the **NATIONAL PORTRAIT GALLERY** displays a less obvious sort of portrait: the poster. The exhibit features everything from early posters of "Buffalo Bill" Cody to images of boxing great Joe Louis to a poster of Johnny Depp as Captain Jack Sparrow. While traditional portraiture is simply there to sell its subject to the viewer, since their conception, posters have been

23

about advertising. Those pretty faces are there to get you to buy something, do something or otherwise take note of something. Case in point: We all saw "Pirates of the Caribbean," didn't we? ■ The National Portrait Gallery, 8th & F streets NW; through Feb. 8; free; 202-633-1000. (Gallery Place-Chinatown)



Proud Heritage

The **BLACK BASEBALL IN THE DISTRICT OF COLUMBIA** exhibit showcases black ballplayers in D.C. from Reconstruction onward, discussing black heritage and history through the all-American metaphor of baseball. If all you can think of is Jackie Robinson, you'll be surprised to learn who came before and after him. An accompanying exhibit called "Discover Greatness" collects memorabilia and photos of black baseball history. ■ Historical Society of Washington, 801 K St. N.W.; May 18-Oct. 5, free; (202) 633-1000. (Gallery Place)



Curiouser and Curiouser

The **CAPITAL FRINGE FESTIVAL** is sublimely weird, an eclectic collection of plays, performance art and theatrical happenings that bursts forth upon D.C. in July, just when we're all crazy with the heat. Some of the plays will be bad, of course — last year, an incoherent piece about French prostitutes made that eminently clear — but some will be spectacular. The Fringe allows and encourages groups to try new things, which is all too rare in this staid old town. ■ Various venues; July 10-27, 2008, free-\$35; Capfringe.org.

25



ENJOY AN EVENING UNDER THE STARS!

MAY

The Lord of the Rings The Fellowship of the Ring Complete Film in HD!

Live Orchestra and Chorus

U.S. Premiere with the Academy and Grammy

Award-winning score performed live!

HUGE SCREENS

in-house and on the lawn.

Wed. & Thurs., May 21 & May 22

at 8:30 pm

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Pilobolus

With notable performances on the Academy Awards and in numerous commercials, this American company of dancer-athletes is like nothing you've ever seen before!

Tues., June 17 at 8:30 pm

Paul Taylor Dance Company

Back by popular demand for their only D.C.-area performance this season! The San Francisco Chronicle says "Paul Taylor is without question the greatest living American choreographer."

Tues., July 8 at 8:30 pm

NSO Not the Messiah!

(He's a Very Naughty Boy) Starting Eric Idle

John Du Prez, conductor

Monty Python's hilarious *Life of Brian* and Handel's *Messiah* inspire this comic oratorio created by Eric Idle and his *Spamalot* co-composer John Du Prez.

Thurs., July 24 at 8:15 pm

Jethro Tull

40th Anniversary Tour

Special Guest: Young Dubliners

Wed., August 6 at 8 pm

Bernstein:

A Celebration!

Boston Pops Esplanade Orchestra

Keith Lockhart, conductor
Selections from *On the Town*, *West Side Story*, *On the Waterfront*, and more.

Tues., August 19 at 8 pm



Wed., August 6 at 8 pm



Gipsy Kings

Thurs., August 7 at 8 pm
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Chicago

Wed., July 9

at 8 pm

SAP America Salutes the Armed Forces

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RAIN –

The Beatles Experience

From Ed Sullivan to Abbey Road...a

spectacular multi-

media and live music event!

Thurs., June 19 at 8 pm

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NSO Tcheers for Tchaikovsky!

Andrew Grams, conductor

Ilya Gringolts, violin

The 1812 Overture with live

cannon effects is back with a bang! Plus favorites from

The Nutcracker and *Sleeping Beauty*.

Thurs., July 10 at 8:15 pm

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H.M.S. Pinafore

New York Gilbert & Sullivan Players

A romantic satire on love between different social classes.

Fri., June 20 at 8 pm

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Fri., June 20 at 8 pm

A Prairie Home Companion

with Garrison Keillor

to Two!
Celebrating Bernstein
& Bolcom
Recital with Steven Blier
Sat., May 31 at 8 pm

JUNE

**Nitty Gritty Dirt
Band**
Special Guest:
Poco
Fri., June 6 at 8 pm

moe.
Special Guest:
Rusted Root
Sat., June 7 at 6 pm

Wolf Trap's 19th Annual
Louisiana Swamp RompSM
**The Wild
Magnolias**
Pine Leaf Boys
Balfa Tujours
Nathan & The
Zydeco Cha Chas
Sun., June 8 at 2 pm
General Admission

Trisha Yearwood
Special Guest:
Lori McKenna
Wed., June 11 at 8 pm

Kenny G
Thurs., June 12 at 8 pm

Anita Baker
Fri., June 13 at 8 pm

**The Barns at Wolf Trap
Wolf Trap Opera Company**
**Giuseppe Verdi
King for a Day
(Un giorno di
regno)**
(In Italian with English
supertitles)
Verdi's first comedy is a maze of mistaken
identities and love triangles. The debut of
Verdi at The Barns.
Fri., June 13 & Tues., June 17 at 8 pm

**An Evening with
Gordon Lightfoot**
Sat., June 14 at 8 pm

Boz Scaggs
Special Guest:
David Jacobs-Strain
Sun., June 15 at 8 pm

with Kentucky Thunder
Special Guest:
Abigail Washburn &
The Sparrow Quartet
featuring Béla Fleck,
Casey Driessen, and Ben Sollen
Bluegrass and rock unite as these distinc-
tive and multitalented artists perform
together on stage!
Wed., June 25 at 8 pm

**The Temptations
The Four Tops**
Thurs., June 26 at 8 pm

Rent
This Pulitzer Prize-
and Tony Award-
winning rock musical
reveals the passionate
struggle of living,
loving, and dying.
Set in the 1990s in NYC's East Village,
Rent fuses dance, pop, salsa, R&B, and
rock 'n' roll with such hits as "Light My
Candle" and "Seasons of Love."
Mature subject matter, explicit lyrics.
Fri. – Sun., June 27 – 29 at 8 pm
Sat. & Sun., June 28 & 29 at 2 pm

JULY

Sergio Mendes
Special Guest:
Zap Mama
Tues., July 1 at 8 pm

**Lyle Lovett
in Concert**
Wed., July 2 at 8 pm

Donna Summer
Stamp Your Feet
Sat., July 5 at 8 pm

**ASO
WOLF
TRAP**
**Bernstein's
Candide in concert**
Stephen Lord, *conductor*

**Jason
Alexander
Denyce Graves
Wolf Trap
Opera Company**
A special concert
staging of Bernstein's ode to optimism.
Sun., July 6 at 8:15 pm

Ani DiFranco
Mon., July 7 at 8 pm

This Way to Broadway
Broadway hits by George
Gershwin and Irving Berlin,
and tunes from
A Chorus Line!
Sat., July 12 at 8:15 pm *

**Hootie &
The Blowfish**
Special Guest:
Drew Davis
Band
Be Good. Be Green. Be There.
Visit www.wolftrap.org for details about
the Hootie Homegrown Tour and Wolf
Trap's Green Spot.
Sun., July 13 at 8 pm

Al Green
Special Guest:
Amos Lee
Tues., July 15 at 8 pm

**Earth, Wind
& Fire**
Wed., July 16
at 8 pm
LAWN ONLY

Indigo Girls
Special Guest:
Brandi Carlile
Thurs., July 17 at 8 pm

Pat McGee Band
Special Guest:
Sister Hazel
Fri., July 18 at 8 pm

Gladys Knight
Sat., July 19 at 8 pm

**The Barns at Wolf Trap
Wolf Trap Opera Company**
Tales from the Vienna Woods
Recital with Steven Blier
Commemorating Blier's 25th Wolf Trap
recital by reprising his first.
Sat., July 19 at 8 pm

Mark Knopfler
Kill to Get Crimson Tour
Tues., July 22 at 8 pm
LAWN ONLY

Lalah Hathaway
Wed., July 23 at 8 pm

**ASO
WOLF
TRAP**
Beethoven's Best
Emil de Cou, *conductor*
Joyce Yang, *piano*
Great music from a grand
master, including the
"Emperor" Piano Concerto and
the choral Finale ("Ode to
Joy") from Symphony No. 9.
Thurs., July 31 at 8:15 pm *

AUGUST

**ASO
WOLF
TRAP**
**Rodgers &
Hammerstein
at the Movies**
Emil de Cou,
conductor
Big-screen moments
from *The Sound of Music*,
Carousel, *The King and
I*, and more, with giant
screens in-house and on
the lawn.
Fri., August 1 at 8:30 pm *

**ASO
WOLF
TRAP**
**Dial "H" for
Hitchcock**
Emil de Cou, *conductor*
A suspenseful
symphonic
spook-tacular
including clips from
To Catch a Thief,
Strangers on a Train, *Dial M for Murder*,
and *North by Northwest*. Giant screens
in-house and on the lawn.
Sat., August 2 at 8:30 pm *

**The Black
Crowes**
*Euphoria or
Bust Tour*
Special Guest:
Grace Potter and the Nocturnals
Sun., August 3 at 8 pm

**Face of America:
Hawai'i Revisited**
Hālau O Kekuhi
The Brothers
Cazimero
Ledward Ka'apana
A Kay Shouse Great Performance
Enjoy traditional and contemporary
Hawaiian music, hula, and gorgeous
HD video footage of the natural beauty
of the islands.
Tues., August 5 at 8 pm

and more!
Fri., August 15 at 7 pm

**The Barns at Wolf Trap
Wolf Trap Opera Company**
Richard Strauss
*Ariadne auf
Naxos*
(In German with
English supertitles)
Is it possible to perform the comedy
opera *Ariadne and her Lovers* and the tragic
when the richest man in Vienna wants it
that way!
Fri., August 15 at 8 pm
Sun., August 17 at 2 pm
Tues., August 19 at 8 pm

SMV
Stanley Clarke
Marcus Miller
Victor Wooten
The Thunder Tour
Sat., August 16 at 8 pm

**The Beach
Boys**
Sun., August 17
at 2 pm

Backstreet Boys
Special Guest:
Girlicious
Mon., August 18
at 8 pm

**International
Children's Festival**
Featuring:
ScrapArtsMusic
as well as performers from
China, Finland, Ghana,
Jordan, and more!
Sat., & Sun., September
13 & 14, 10 am –4 pm
For more information, visit
www.internationalchildrensfestival.org

VISIT WWW.WOLFTRAP.ORG to sign up for Email Updates to receive concert additions and much more.

Group Discounts: A 10% discount on in-house seats for groups of 20 or more is available for select performances. Call Group Sales at (703) 255-1851 for more information.

* **NSO Create Your Own Series:** Pick three select performances to receive a 20% discount on in-house seats.

Let Capital Restaurant Concepts, the
Picnic Caterer of the Wolf Trap Foundation,
prepare your picnic under the stars!
Just call (703) 255-4017 or visit
www.mealsbeneaththemoon.com by 2 pm the day before the performance
and have your fresh, gourmet picnic ready for pickup at Wolf Trap!

Wolf Trap Foundation gratefully acknowledges these select
2008 Official Sponsors:

NBC4
WASHINGTON, D.C.
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For tickets: WWW.WOLFTRAP.ORG • 1 (877) WOLFTRAP

SPORTS

Since this is the nation's capital, it seems only fitting that the sports world's biggest stars should come here. And this summer, that's exactly what's happening. Tiger Woods, Serena Williams and Andy Roddick are among the big names who will try to conquer the region with their respective events. If golf and tennis aren't your thing and you can stomach only so many Nationals losses in one season, we've rounded up a bunch of other ways to get your sports fix. Whether you're willing to pay big-league prices or you're looking for some of the best bargains this side of Screen on the Green, there's sure to be a sporting event that'll give you reason to cheer.



27

The Heat Is on Roddick

Defending champion Andy Roddick, whose days winning major tournaments may already be over, aims for his fourth **LEGG MASON TENNIS CLASSIC** championship in August at Rock Creek Park in Northwest D.C. Fellow American Mardy Fish has also pledged to brave Washington's brutal August humidity to play in the hard-court tune-up for the U.S. Open later in the month. Package deals and single-session seats are available. One-day passes begin at \$10 in the qualifying rounds and hit \$45 for the championship. ■ Leggmasontennisclassic.com; Aug. 9-17; \$10-\$45. William H.G. Fitzgerald Tennis Center, 16th and Kennedy streets NW, D.C. (Shuttles available from Van Ness)



Before They Were Stars

Can't wait for Tiger's event? Try the **MELWOOD PRINCE GEORGE'S COUNTY OPEN** May 22-25. The event is part of the Nationwide Tour, whose goal is to identify up-and-coming golfers who are trying to reach the PGA Tour. There won't be any familiar faces, but at least there's the appeal of possibly seeing the next great player before he becomes a star. ■ Melwoodgolf.org; May 22-25; \$25 for weekly passes in advance, \$35 at the gate; The Country Club at Woodmore, Mitchellville, Md.



SuperLiga Soccer

This is the second annual tournament featuring four MLS and four Mexican clubs. Last year's was a success on and off the field, despite D.C. United's loss to the Los Angeles Galaxy in the semifinals. Mexican power Pachuca won the event. The top four teams from last year's regular season standings qualified to represent MLS – a good thing for D.C., given its painfully slow start to this season. United hosts Chivas Guadalajara on July 12, Atlante (Cancun) on July 15 and the Houston Dynamo on July 19. The semifinals are July 29 and 30 and the championship is Aug. 5. Sites for the later rounds are to be determined. ■ Dcunited.mlsnet.com; July 12-19; \$25-\$60; RFK Stadium, 2400 East Capitol St. SE D.C. (Stadium/Armory).

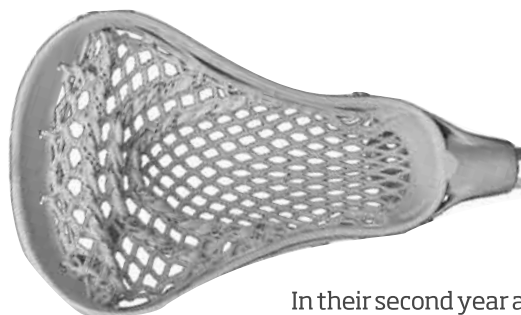
MAKE THIS YOUR GOAL

Before hollering like a lunatic about off-sides, relax by popping in on the Screaming Eagles (Screaming-eagles.com) or Barra Brava (Barra-Brava.com) tailgates at the RFK lot. Both United soccer clubs serve good eats (from grilled pizza to Jamaican meat patties) and tasty brew like Guinness and Spaten. "We don't mess with Miller Lite," says Eagles president Paul Sotoudeh. "Soccer people are beer snobs." Prices and dates online.

28

Minor League Fun

Sure, there's a new ballpark by the Navy Yard, but those tickets are expensive (just look at the empty seats behind home plate). For a more reasonable price, there are plenty of ways to see future big leaguers. The Nationals have two nearby single-A teams — the **POTOMAC NATIONALS** in Woodbridge, Va., and the **HAGERSTOWN SUNS** in Hagerstown, Md. — as do the Orioles, with the Bowie Baysox (double-A) and Aberdeen IronBirds (single-A, short season). And don't forget about Brooks Robinson's Southern Maryland Blue Crabs in Waldorf, Md. ■ Potomacnationals.com; Hagerstownsuns.com; Baysox.com; Ironbirds-baseball.com; Somdbluecrabs.com; \$6-\$13.



30 Stick With Lacrosse

In their second year after the move south from Baltimore, the **WASHINGTON BAYHAWKS** have now made George Mason their home (with one game at the Naval Academy). Attacker Matt Ward, a Landon graduate, is one of several players with local connections on this talented but young squad. Season tickets cost \$99; individual games go for \$24. ■ Washingtonbayhawks.com; May 18-July 26; \$24; George Mason Stadium; Fairfax, Va.

Virgin mobile FESTIVAL

20 08

PIMLICO RACE COURSE

BALTIMORE

CITIZEN COPE
RODRIGO Y GABRIELA

THE OFFSPRING

WILCO

KT TUNSTALL
SHARON JONES AND THE DAP-KINGS

FOO FIGHTERS

JACK JOHNSON

CHUCK BERRY AND THE SILVER BEATS

THE SWELL SEASON

CAT POWER

STEVE LAWLER

LUPE FIASCO

BLOC PARTY

GOGOL BORDELLO

UNDERWORLD

EROL ALKAN

FERRY CORSTEN

PARAMORE

IGGY AND THE STOOGES

NINE INCH NAILS

SHUDDER TO THINK

STONE TEMPLE PILOTS

KANYE WEST

ANDREW BIRD

SHE & HIM

THE GO! TEAM

LIL WAYNE

BOB DYLAN

BLACK REBEL MOTORCYCLE CLUB

TAKING BACK SUNDAY

ARMIN VAN BUUREN

DEADMAU5

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Off to the Races

After the spotlight focused on Eight Belles' tragic finish at the Kentucky Derby, the attention now turns back to Big Brown at the **PREAKNESS**. A perfect 4-0 in career races, Big Brown is poised to become the first Triple Crown winner since Affirmed (1978). While many seats are sold out, some tickets remain for the May 17 event at Pimlico. ■ Preakness.com; May 17; \$25-\$575 | Pimlico Race Track, Baltimore, Md.

35



Ride the Big Train

A step below minor league baseball is the **BETHESDA BIG TRAIN**, a team of college players in the area for the summer who call Shirley Povich Field at Cabin John Park home.

It's not inconceivable that you'll see a future big leaguer. Several Big Train alumni, including New York Mets pitcher John Maine, have made the majors during the team's 10-year history. Season passes cost \$125 for a family.

■ Bigtrain.org; May 31-July 27; \$4-\$7 for adults and \$2-\$3 for kids ages 6-12; Cabin John Park, Bethesda, Md.

33 The Z-Man Cometh

Watch first-year head coach Jim Zorn install his version of the West Coast offense during **REDSKINS RAINING CAMP** this summer. Dates haven't been set yet, but look for the camp to begin in late July ahead of the Aug. 3 preseason opener against the Colts. After one disastrous try at charging admission, Dan Snyder has made practice-gawking free. ■ Redskins.com; free; dates TBD; Redskins Park, Ashburn, Va.

Go for the Glory

It took less time for the **WASHINGTON GLORY** to win a championship than it takes a

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Jennie Finch fastball to reach home plate. The softball team claimed the National Pro

Softball league title in its first year. Season tickets for the 28 home games start at \$200 and are already on sale, while individual game seats run from \$8 to \$12 for the stadium in Chantilly, Va.

■ Washingtonglory.com; \$8-\$12; May 29-August 24; 4700 Stonecroft Boulevard, Chantilly, Va.



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All Eyes Will Be on the Tiger

Last year, the drama was whether Tiger Woods' child would be born in time for Daddy to play in his inaugural D.C.-area event. Now a bad knee could threaten the host of the **AT&T NATIONAL**, which tees off July 3-6 at Congressional Country Club in Bethesda. The good news is the world's most famous athlete should be a go by then. But even if Woods can't play, look for a strong field, including defending champion K.J. Choi, to hit the links. Tournament-long tickets are available, as are one-day passes (which cost \$25 for the first two rounds and rise to \$30 over the holiday weekend). ■ Attnational.com; July 3-6; \$25-\$30. Congressional Country Club, Bethesda, Md.

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Ladies of the Gridiron

The 2006 champion **D.C. DIVAS** fell short of repeating in 2007 after a disappointing loss in the Independent Women's Football League playoffs. So far, the Divas are off to a slow start, but they hope to turn around their 1-2 record with a string of late-season home games on May 24, May 31 and June 14 before the postseason begins. ■ Dcdivas.com; May 24-June 14; \$15 (\$10 for seniors, military and fire department personnel and students 13-17; \$4 for students 7-12 years old); Prince George's Sports and Learning Complex, Landover, Md. (Largo Town Center).



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Have Fun Storming the Kastles

Did you know the biggest star playing on a D.C. team is Serena Williams? She's a member of the first-year Washington Kastles, part of **WORLD TEAM TENNIS**, which features teams of two men and two women competing in a three-week season in July. Williams' stint in D.C. will be even shorter, as she'll play in only the July 8 home opener versus Boston. Familiar foes include John McEnroe (July 15 vs. N.Y.) and Anna Kournikova (July 23 vs. St. Louis). ■ Washingtonkastles.com; July 8-23; \$80-\$300; Kastles Stadium, 11th and H streets NW, D.C. (Metro Center).



EXPERIENTIAL

all right, Mr. and Mrs. Couch Potato Heads, the jig is up. Now that it's reaching the 70s these days, it's time to abandon hibernation. Need a gentle nudge to bring yourself out of that general malaise? How does romping around in a rugged, boulder-climbing four-wheeler sound? OK, so perhaps that's a little too intense for some. There's always cruising into an adorable cupcake shop for a sugar fix or picking your own berries at a nearby strawberry celebration. From sipping cocktails while listening to jazz, to zooming along the National Harbor in a bright yellow speedboat, there's plenty to lure you from lethargic ways. Besides, nothing signifies summer better than the opportunity to have a chingful of strawberry juice.



Get Revved, Roughed Up

Think you're tough weaving in and out of rush hour traffic on I-66 in your shiny Beamer? Well, you're not. You've got nothing on **OFF CAMBER CRAWLERS**. The DC-area off-roading club meets to go on some seriously rough rides. "One we do at Rausch Creek, Pa., is essentially a glacial moraine — where a glacier melted and dropped 12-foot boulders in a ditch," says member-at-large Jonathan Kalmes. Don't even think of taking your Subaru, he says. True four-wheel drive is a must, as is towing gear. Check its site for weekend ride meet-ups that vary in complexity from muddy paths to rocky terrain. ■ offcambercrawlers.com, \$55 annual membership



41 Join a sports club that isn't soccer or softball

You see 'em stumbling around Adams Morgan in their ugly WAKA shirts. And they have a tendency to take over local dives with post-game flip-cup tournaments. Hey, if you can't beat 'em, sign up for a kickball league near you. Prefer an orb with a little more density? Try the D.C. Bocce League. With its minimal movement, it allows for maximum drinking. For those who want to imbibe with a running start, there's D.C. Hash. Hashers are known to run (and carouse) any time of year in any weather, but it's a good idea to give it a go before the nasty humidity of August arrives. Maybe running after plastic discs is more your style. Nobody takes their fringe sport more seriously than ultimate Frisbee players — and D.C. has one of the biggest clubs around. And the best way to honor the Caps' playoffs run is to take it to the pick-up roller hockey "court" on Pennsylvania Avenue. ■ kickball.com, dcboccee.com, dchashing.org, wafc.org, whitehousehockey.googlepages.com

... And All That Jazz

The combination of jazz and booze can be an unbeatable antidote to a stressful week. Take in some sweet sounds at the **NATIONAL GALLERY OF ART'S** free jazz shows in the Sculpture Garden every Friday at 5 p.m. (Sorry, the drinks will cost ya.) Alex Martin's *Amérique Latine* kicks off the series on May 23 with Euro-Latino tunes. The *Orquestra La Leyenda's* brings its Caribbean-inspired jazz to the garden on June 27, while the Young Lions play a jazz-rock blend on Aug. 22. And you'll have two chances to hear the U.S. Navy Commodores play on Sept. 12 and 26. ■ nga.gov/programs/jazz

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Increase Your Karma

Need a running buddy to motivate you to run that 5k? How do 49,999 sound?

A sea of pink will besiege the National Mall on June 7 for the Susan G. Komen **NATIONAL RACE FOR THE CURE**. Proceeds from this big mama of all D.C. summer races are used to fund research to eliminate breast cancer. Prefer to stroll? Don't fret: There's another start for walkers.

■ Nationalraceforthecure.org



A Berry Fun Time

Stop blabbing about eating local and put a stawberry where your mouth is. Take an hour drive to Bluemont's Great Country Farm to take part in the annual **STAWBERRY JUBILEE**. Pick your own, sample strawberry wine and watch tots race in a diaper derby. It's bound to get messy! ■ 18780 Foggy Bottom Road; Bluemont, May 24-26, 9 a.m.-5 p.m. \$8, 540-554-2073, Greatcountryfarms.com

Dog Days of Summer

It takes only a few trips to the local dog park for it to become about as exciting as bagging Fido's "messes."

Time for a new venue. Cantina Marina serves a buffet of Milk-Bones for your pooch at its Monday-night dog happy hours. Won't its porch get messy? "It's funny," says managing partner Richard Hemmer. "We have more accidents on non-doggy happy hour days." ■ Cantinamarina.com, 5-8 p.m.

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Got a Need for Speed?

When you live in D.C., there's no need to endure a boat tour that crawls past the monuments slower than you could swim. For a tour that picks up the pace, hop on the **SEADOG**, a new speedboat based at the National Harbor. The 45-minute open-air tour zips down the Potomac at up to 32 knots (that's 36.8 mph for you landlubbers) – fast enough to give you a 'fro-riffic new 'do – as you pass landmarks like the Wilson Bridge, Jones Point Lighthouse and Mount Vernon. And unlike typical tourist traps, there will be no Muzak aboard this vessel. The Seadog will, however, blast the Baha Men's "Who Let the Dogs Out?" Hey, we never said the music would be an improvement. ■ Seadogcruises.com/dc, \$20

FLOAT YOUR OWN BOAT

It's summer, it's hot out, and you can't get water off your mind. Luckily, a nautical adventure is just a rental receipt away. Want to take your (first) mate on a romantic river tour? Rent a kayak, canoe or rowboat from Jack's Boathouse. Or if you'd rather harness the wind's power, check out a Sunfish or Flying Scot from the Mariner Sailing School in Alexandria and sail off into the sunset (er, until the sun sets). Sea breezes make you crabby? Bring your crew aboard Capital River Cruises' Crab Boat and munch on fresh-steamed crustaceans as you float down the Potomac. ■ Jacksboathouse.com, Saildc.com, Capitolrivercruises.com/crabboat.html



The Taste of Summer

Ah, a perfect reason to gorge oneself: When these fabulous food spots open in the District this summer, it would be gauche not to sample them. For your first course,

45

try a Unkakyu (broiled eel) roll at H Street's Sticky Rice D.C. Follow it up with a hearty burger at Good Stuff Eatery on south Capitol Hill. Who knows? Maybe you'll even see "Top Chef" star and founder Spike Mendelsohn! And since you ate all your din-din, it's only fitting to reward yourself with a Root Beer Float cupcake at Dupont's Hello Cupcake. ■ Stickyridedc.com, Goodstuffeatery.com, Hellocupcakeonline.com

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Call it Ozone Hair

Expect an intense smog emanating from four blocks on Baltimore's 36th Street the weekend of June 14-15. Why's that, hon? Well, the ginormous beehives that Charm City denizens don at the annual **HONFEST** have to be held up somehow (think hundreds of cans of Aquanet, darlings). Dress up in your retro, '60s style best and take in the brilliantly bizarre sights while listening to live tunes. Be sure not to miss the crowning of Miss Hon 2008. The pageant's motto? "The higher the hair, the closer to God!" Yet it's not all about hair and flair: Contestant entrants need to be fluent in "Bawlmerese." ■ Honfest.net



Sip, Sip, Hurray

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Many thanks have been heaped on our first president, but oenophiles at Mount Vernon's **SPRING WINE FESTIVAL & SUNSET TOUR** must be truly grateful for George Washington's exceptional taste in natural surroundings. The popular vino-tasting event at Washington's mansion features samples from 16 Virginia vineyards, candle-lit tours of the mansion (including a rare glimpse into the presidential wine cellar) and live jazz in front of a breathtaking view of the Potomac. ■ Mountvernon.org. Tickets (\$30) were still available for Sunday at press time.

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It's Simply Craft-tastic

Sept. 28: It seems so far away doesn't it? For those who are too antsy for the annual return of Washington City Paper's **CRAFTY BASTARDS**, there is hope: Head to Silver Spring. The Pyramid Atlantic Arts Center will host a June 28 show, as this oh-so-popular D.C. event continues to grow. Whew. Now it's possible to buy those purses made from books and rad paintings of monsters sooner rather than later. ■ Washingtoncitypaper.com/craftybastards/2008, June 28, 10 a.m.-5 p.m.



Better Than Whac-a-Mole

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Head to Rush Rink at Watkins Elementary School on Thursday nights to learn the bad-asphalt sport of **HARD-COURT BIKE POLO**. Typically, two dozen adventurous guys and gals show up to whack a hockey ball through two traffic cones (spaced a bike-width apart) with a 3-foot-long mallet. The pick-up games last 10 minutes. Mallets are homemade (polyethylene pipes), as are wheel covers, needed to prevent mallets from catching in spokes. Campaign election signs have proven to be the perfect material for the purpose. Don't have a mallet? There are some to share; just bring a bike and helmet. ■ 13th and D streets SE, Thursdays, 7:30 p.m., Dcfixed.com

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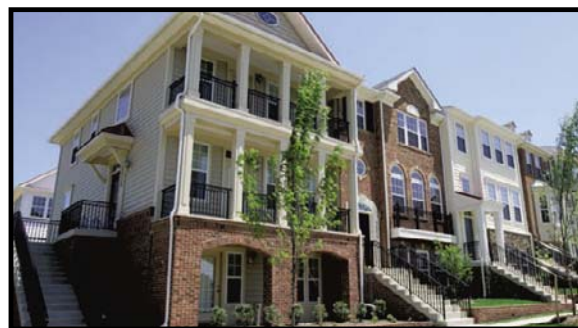
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